

Campeonato de España de Duatlón Cros - El Anillo

Grupos de Edad

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre.	META	Dif.
G20-24M																		
1	1703	Ruben	Mateos Carbajo	CLUB ATLETISMO FUENLABRADA	G20-24M	41	00:19:38	3'38"/km	00:01:04	59	00:59:40	20.10 km/h	00:00:58	7	00:10:07	3'45"/km	01:31:30	00:10:09
2	1706	Iker	Solozábal Granados	CLUB TRIATLON LAS ROZAS	G20-24M	17	00:18:52	3'29"/km	00:00:56	67	01:00:27	19.84 km/h	00:01:07	53	00:11:04	4'06"/km	01:32:29	00:11:08
3	1701	David	Carretero De La Rosa	CAPEX TRIATLÓN	G20-24M	93	00:21:32	3'59"/km	00:01:01	117	01:11:43	16.72 km/h	00:00:59	133	00:13:47	5'06"/km	01:49:05	00:27:44
	1704	Eduardo	Montalban Almarcha	INDEPENDIENTE	G20-24M													
	1702	Jose Luis	Davila Muñoz	C.T. AL-FANADIC	G20-24M													
	1705	Jesus	Robles Perez	REAL CLUB MEDITERRANEO	G20-24M													
G25-29M																		
1	1718	Aleix	Sellarés Gonzalez	C.E. RAYOTEAM	G25-29M	2	00:17:50	3'18"/km	00:00:51	1	00:51:31	23.29 km/h	00:00:54	9	00:10:13	3'47"/km	01:21:20	00:00:00
2	1717	Antonio J.	Sanroman Merino	C.N. CÁCERES LOS DELFINES	G25-29M	18	00:18:54	3'30"/km	00:00:39	16	00:54:47	21.90 km/h	00:00:51	26	00:10:31	3'53"/km	01:25:44	00:04:23
3	1716	Alejandro	Rodriguez Trujillo	TRIATLON VILAGARCIA /ATENAS RUNNING	G25-29M	10	00:18:23	3'24"/km	00:00:55	28	00:56:06	21.39 km/h	00:00:58	24	00:10:29	3'52"/km	01:26:52	00:05:31
4	1708	Luis Alberto	Cordero Moreno	TRIATLÓN PACENSE	G25-29M	67	00:20:28	3'47"/km	00:01:05	6	00:53:02	22.62 km/h	00:01:05	68	00:11:27	4'14"/km	01:27:09	00:05:48
5	1713	Manuel	Moreno Ruz	C.D. TRIVILA	G25-29M	39	00:19:36	3'37"/km	00:00:53	53	00:58:32	20.49 km/h	00:01:14	50	00:11:00	4'04"/km	01:31:18	00:09:57
6	1715	Juan José	Rodríguez García	TRIATLÓN JEREZ	G25-29M	78	00:21:00	3'53"/km	00:00:55	45	00:58:02	20.67 km/h	00:01:01	76	00:11:35	4'17"/km	01:32:34	00:11:13
7	1710	José María	Fuentes Gomez	XTREMCALVIÀ	G25-29M	22	00:19:07	3'32"/km	00:00:44	75	01:01:20	19.56 km/h	00:01:00	23	00:10:28	3'52"/km	01:32:40	00:11:19
8	1709	Roberto	Fernandez Joral	CLUB DEPORTIVO TRILEON	G25-29M	37	00:19:34	3'37"/km	00:00:57	62	00:59:50	20.05 km/h	00:00:56	70	00:11:29	4'15"/km	01:32:48	00:11:27
9	1714	Sergio	Puebla Herrero	COMPLUTUM TRIATLON	G25-29M	73	00:20:43	3'50"/km	00:01:09	85	01:02:25	19.22 km/h	00:01:33	45	00:10:51	4'01"/km	01:36:43	00:15:22
10	1712	Jose Javier	Melendez Mora	MONTILLA-CORDOBA TRIATLON	G25-29M	90	00:21:30	3'59"/km	00:01:05	74	01:01:08	19.62 km/h	00:01:20	122	00:12:59	4'48"/km	01:38:04	00:16:43
	1711	Jose	Martin Solis	C.T. RINCON DE LA VICTORIA TUK-TUK NOODLES	G25-29M													
G30-34M																		
1	1723	Carlos	García-alcobendas Navarro	EXTERMIN TRIATLON SONSECA	G30-34M	7	00:18:09	3'21"/km	00:00:51	4	00:52:19	22.93 km/h	00:00:54	11	00:10:15	3'47"/km	01:22:29	00:01:08
2	1726	Carlos	Javega Saura	A.O.C. - TRAGAMILLAS ALCAÑIZ	G30-34M	3	00:17:56	3'19"/km	00:00:59	13	00:54:28	22.02 km/h	00:00:46	18	00:10:20	3'49"/km	01:24:32	00:03:11
3	1719	José María	Álvarez Infantes	TRIATLÓN JEREZ	G30-34M	5	00:18:02	3'20"/km	00:00:49	17	00:55:01	21.80 km/h	00:00:57	1	00:09:54	3'40"/km	01:24:45	00:03:24
4	1725	Rubén	Herrero Logroño	OCTAVUS TRIATLÓN - SKODA ZARATECNO	G30-34M	16	00:18:33	3'26"/km	00:00:41	18	00:55:03	21.79 km/h	00:00:48	13	00:10:16	3'48"/km	01:25:23	00:04:02
5	1722	Adrian	Escudero Rivas	CLUB TRIATLON POIO	G30-34M	26	00:19:12	3'33"/km	00:01:05	51	00:58:21	20.56 km/h	00:01:02	34	00:10:39	3'56"/km	01:30:21	00:09:00
6	1735	Juan	Urbano Soler	OCTAVUS TRIATLÓN - SKODA ZARATECNO	G30-34M	49	00:19:56	3'41"/km	00:01:04	64	01:00:06	19.96 km/h	00:01:13	16	00:10:19	3'49"/km	01:32:40	00:11:19
7	1721	Adrian	Costas Falcon	TRIATLON RIAS BAIXAS	G30-34M	62	00:20:17	3'45"/km	00:01:07	56	00:59:19	20.22 km/h	00:01:16	63	00:11:12	4'09"/km	01:33:12	00:11:51
8	1728	Fernando	Mendez Garcia	TRIATLÓN PACENSE	G30-34M	25	00:19:11	3'33"/km	00:00:55	77	01:01:53	19.38 km/h	00:00:54	29	00:10:35	3'55"/km	01:33:29	00:12:08
9	1731	Ruben	Quintero Hurtado	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G30-34M	21	00:19:05	3'32"/km	00:00:54	79	01:02:04	19.33 km/h	00:01:12	12	00:10:15	3'48"/km	01:33:32	00:12:11
10	1733	Miguel Ángel	Rodríguez Zamora	CLUB NATACIÓN CRIPTANA GIGANTES	G30-34M	54	00:20:04	3'43"/km	00:00:57	82	01:02:10	19.30 km/h	00:00:56	60	00:11:11	4'08"/km	01:35:20	00:13:59

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Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
11	1734	Santiago	Santiago Estevez	TRIATLON RIAS BAIXAS	G30-34M	53	00:20:04	3'43"/km	00:00:57	92	01:03:38	18.85 km/h	00:01:06	69	00:11:29	4'15"/km	01:37:16	00:15:55
12	1732	Adan Guillermo	Rodriguez Ayud	BCNMAD TRIATLON	G30-34M	91	00:21:31	3'59"/km	00:01:23	123	01:12:28	16.55 km/h	00:01:48	130	00:13:30	5'00"/km	01:50:42	00:29:21
13	1730	Ismael	Pozuelo Granizo	TRIATLÓN SIERRA OESTE 3	G30-34M	146	00:24:53	4'36"/km	00:01:23	140	01:20:20	14.93 km/h	00:01:24	143	00:14:47	5'28"/km	02:02:49	00:41:28
14	1720	Ignasi	Barbarroja Claramunt	C.N. SABADELL	G30-34M	155	00:26:49	4'58"/km	00:01:02	157	01:35:00	12.63 km/h	00:00:53	162	00:19:53	7'21"/km	02:23:38	01:02:17
	1729	Raul	Moyano Peralbo	C.T. AL-BALLUT	G30-34M													
	1724	Alvaro	Gomez Carrasco	TRIATLÓN PACENSE	G30-34M													
	1727	Pedro	Martin Olaya	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G30-34M													
G35-39M																		
1	1739	Antonio	Cerezo Lopez	TRIATLÓN TRUJILLO	G35-39M	1	00:17:44	3'17"/km	00:00:50	10	00:53:44	22.32 km/h	00:00:54	14	00:10:17	3'48"/km	01:23:32	00:02:11
2	1751	Juan Carlos	Nieto Gracia	C.T. AL-FANADIC	G35-39M	23	00:19:08	3'32"/km	00:01:00	3	00:52:18	22.94 km/h	00:00:58	28	00:10:35	3'55"/km	01:24:01	00:02:40
3	1750	Santiago	Martín-romo Parra	TRIATLON DON BENITO	G35-39M	14	00:18:29	3'25"/km	00:00:43	15	00:54:36	21.97 km/h	00:00:54	8	00:10:08	3'45"/km	01:24:52	00:03:31
4	1743	Daniel	Ejarque Valls	A.O.C. - TRAGAMILLAS ALCAÑIZ	G35-39M	43	00:19:40	3'38"/km	00:00:56	14	00:54:29	22.01 km/h	00:00:51	6	00:10:07	3'44"/km	01:26:04	00:04:43
5	1745	Fco. Javier	Garcia Feria	INDEPENDIENTE	G35-39M	33	00:19:29	3'36"/km	00:01:02	12	00:54:23	22.06 km/h	00:00:58	35	00:10:40	3'57"/km	01:26:35	00:05:14
6	1749	Victor	Lopez Arias	TRIATLÓN SIERRA OESTE 3	G35-39M	30	00:19:19	3'34"/km	00:00:56	27	00:56:05	21.39 km/h	00:01:00	36	00:10:41	3'57"/km	01:28:03	00:06:42
7	1760	Jesús María	Vázquez Barranca	TRIATLÓN JEREZ	G35-39M	40	00:19:37	3'38"/km	00:01:02	31	00:56:19	21.30 km/h	00:00:58	20	00:10:24	3'51"/km	01:28:22	00:07:01
8	1738	Emilio Javier	Calderon Benitez	CLUB TRIATLÓN BURGUILLOS	G35-39M	45	00:19:46	3'39"/km	00:01:07	26	00:56:04	21.39 km/h	00:01:44	73	00:11:33	4'16"/km	01:30:16	00:08:55
9	1746	Manuel	González Soltero	CLUB TRIATLON MONTIJO	G35-39M	34	00:19:31	3'36"/km	00:00:53	44	00:58:01	20.68 km/h	00:00:57	56	00:11:07	4'07"/km	01:30:31	00:09:10
10	1759	Guillermo	Vazquez Bachiller	CD TRIATLON BOMBEROS VALLADOLID	G35-39M	86	00:21:18	3'56"/km	00:01:21	20	00:55:17	21.70 km/h	00:01:06	77	00:11:35	4'17"/km	01:30:40	00:09:19
11	1737	Andres	Barbero Sanchez	CLUB TRIATLO CORNELLA	G35-39M	77	00:20:56	3'52"/km	00:00:57								01:31:37	00:10:16
12	1742	Jonatan	Diaz Sanchez	C.D. TALAVERA TRAINING	G35-39M	47	00:19:51	3'40"/km	00:01:52	48	00:58:12	20.61 km/h	00:01:09	47	00:10:52	4'01"/km	01:31:58	00:10:37
13	1757	Daniel	Varela Jarillo	C.D. TALAVERA TRAINING	G35-39M	84	00:21:11	3'55"/km	00:01:14	81	01:02:06	19.32 km/h	00:01:21	66	00:11:26	4'14"/km	01:37:19	00:15:58
14	1744	Juan Jose	Garcia Cañestro	C.D. E3 PROMOCIÓN DEPORTIVA	G35-39M	60	00:20:13	3'44"/km	00:01:21	101	01:06:12	18.12 km/h	00:02:08	84	00:11:49	4'22"/km	01:41:46	00:20:25
15	1758	Antonio	Vargas Bernal	CLUB TRIATLON LUGONES	G35-39M	81	00:21:06	3'54"/km	00:00:57	103	01:06:55	17.93 km/h	00:01:15	94	00:12:08	4'29"/km	01:42:21	00:21:00
16	1754	Juan Antonio	Reyes Montero	ESCUELA TRIATLÓN PLASENCIA	G35-39M	126	00:23:03	4'16"/km	00:01:08	95	01:04:20	18.65 km/h	00:01:31	119	00:12:52	4'46"/km	01:42:57	00:21:36
17	1736	Manuel	Álvarez Fernández	CLUB TRIATLON MONTIJO	G35-39M	94	00:21:33	3'59"/km	00:01:04	111	01:09:46	17.20 km/h	00:01:08	100	00:12:14	4'32"/km	01:45:47	00:24:26
18	1748	Igor	Korta Vélez	C.D.E. KORTA TRIATLÓN TEAM G.E.	G35-39M	107	00:22:08	4'06"/km	00:00:58								01:50:33	00:29:12
19	1752	Enrique Guillermo	Ordiales Rollizo	ARTE FISICO	G35-39M	135	00:23:37	4'22"/km	00:01:01	124	01:12:44	16.49 km/h	00:01:10	135	00:13:54	5'09"/km	01:52:28	00:31:07
20	1747	Miguel	Gutierrez Herrero	AD TRIATLÓN ECOSPORT ALCOBENDAS	G35-39M	141	00:24:12	4'28"/km	00:01:01	127	01:14:08	16.18 km/h	00:01:31	152	00:15:24	5'42"/km	01:56:18	00:34:57
	1756	Jorge	Soria Virto	COMPLUTUM TRIATLON	G35-39M													
	1753	Antonio	Poyato Galán	C.T. AL-FANADIC	G35-39M													
	1755	Mario	Saez Mateos	C.D. TALAVERA TRAINING	G35-39M		00:17:51	3'18"/km	00:00:43									

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Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
1741	Guillermo	Del Campo Jimenez	CLUB TRIATLON LAS ROZAS	G35-39M														
1740	Antonio	Cosme Fraile	SALMANTICA TRIATLON CLUB	G35-39M														
G40-44M																		
1	1764	Jose Daniel	Borrego Ibañez	INDEPENDIENTE	G40-44M	4	00:17:58	3'19"/km	00:00:48	2	00:51:52	23.13 km/h	00:01:03	4	00:10:00	3'42"/km	01:21:43	00:00:22
2	1767	Rafael	Curado Tejero	ADSEVILLA	G40-44M	8	00:18:10	3'21"/km	00:00:56	5	00:52:27	22.87 km/h	00:00:54	21	00:10:24	3'51"/km	01:22:53	00:01:32
3	1777	Valerio	Jaraiz Arias	TRIATLÓN TRUJILLO	G40-44M	9	00:18:10	3'21"/km	00:00:41	9	00:53:26	22.45 km/h	00:00:45	15	00:10:19	3'49"/km	01:23:23	00:02:02
4	1778	Oscar	Justes Grau	A.O.C. - TRAGAMILLAS ALCAÑIZ	G40-44M	11	00:18:27	3'25"/km	00:00:46	8	00:53:16	22.52 km/h	00:00:47	22	00:10:27	3'52"/km	01:23:43	00:02:22
5	1772	Sócrates	Garrido Martín	ESCUELA TRIATLÓN PLASENCIA	G40-44M	31	00:19:20	3'34"/km	00:01:00	35	00:56:44	21.14 km/h	00:00:57	25	00:10:31	3'53"/km	01:28:34	00:07:13
6	1768	Ruben	Del Nido Martin	BICIS PINA-GRUPO GM-TRITOLEDO	G40-44M	38	00:19:36	3'37"/km	00:01:04	33	00:56:32	21.22 km/h	00:01:02	27	00:10:31	3'53"/km	01:28:47	00:07:26
7	1785	Ernest	Palau Vila	CLUB TRIATLO GRANOLLERS	G40-44M	61	00:20:16	3'45"/km	00:00:56	19	00:55:15	21.71 km/h	00:01:10	79	00:11:39	4'19"/km	01:29:19	00:07:58
8	1765	Alberto	Bravo Sanchez	ALUSIGMA PEÑOTA DENTAL PORTUGALETEKOA	G40-44M	24	00:19:09	3'32"/km	00:00:56	55	00:58:53	20.37 km/h	00:01:04	2	00:09:55	3'40"/km	01:30:00	00:08:39
9	1782	Raul	Martinez Agudo	CLUB TRIATLON EUROPA	G40-44M	52	00:20:04	3'42"/km	00:01:04	29	00:56:12	21.34 km/h	00:01:06	75	00:11:34	4'17"/km	01:30:02	00:08:42
10	1762	Arturo	Anglada Cabezud	C.D.E. KORTA TRIATLÓN TEAM G.E.	G40-44M	56	00:20:10	3'44"/km	00:01:03	36	00:57:00	21.04 km/h	00:01:31	71	00:11:29	4'15"/km	01:31:15	00:09:54
11	1776	Carlos	Iglesias Area	CLUB TRIATLON POIO	G40-44M	15	00:18:29	3'25"/km	00:01:00	86	01:02:27	19.21 km/h	00:01:29	51	00:11:02	4'05"/km	01:34:29	00:13:08
12	1763	Jose Javier	Bernal Massil	CLUB TRIATLETAS DE CAEPIONIS	G40-44M	79	00:21:01	3'53"/km	00:00:56	57	00:59:20	20.22 km/h	00:01:22	106	00:12:23	4'35"/km	01:35:03	00:13:42
13	1773	Jose Maria	Gonzalez Tome	AD TRIATLÓN ECOSPORT ALCOBENDAS	G40-44M	72	00:20:41	3'49"/km	00:00:50	72	01:00:52	19.71 km/h	00:01:09	78	00:11:38	4'18"/km	01:35:12	00:13:51
14	1781	José Javier	López Martín	TRIATLÓN TRUJILLO	G40-44M	44	00:19:41	3'38"/km	00:01:04	88	01:02:33	19.18 km/h	00:01:29	52	00:11:02	4'05"/km	01:35:51	00:14:30
15	1774	Jaime	Gutierrez Herrero	AD TRIATLÓN ECOSPORT ALCOBENDAS	G40-44M	71	00:20:41	3'49"/km	00:00:49	94	01:04:18	18.66 km/h	00:01:06	72	00:11:30	4'15"/km	01:38:27	00:17:06
16	1784	Javier	Otero Martí	CLUB TRIATLON LAS ROZAS	G40-44M	113	00:22:23	4'08"/km	00:01:12	90	01:03:29	18.90 km/h	00:01:34	91	00:11:58	4'26"/km	01:40:38	00:19:17
17	1786	Alejandro	Rebolo Castro	CIDADE DE LUGO FLUVIAL	G40-44M	117	00:22:32	4'10"/km	00:01:18	89	01:03:09	18.99 km/h	00:01:16	115	00:12:41	4'42"/km	01:40:59	00:19:38
18	1787	Jesus Antonio	Riolobos Peris	AD TRIATLÓN ECOSPORT ALCOBENDAS	G40-44M	101	00:21:47	4'02"/km	00:00:58	99	01:05:55	18.20 km/h	00:00:58	126	00:13:16	4'54"/km	01:42:55	00:21:34
19	1769	Ivan	Del Nuevo Ruíz	CLUB TRIATLON 28300 ARANJUEZ	G40-44M	112	00:22:18	4'07"/km	00:01:07	100	01:06:12	18.12 km/h	00:01:19	134	00:13:52	5'08"/km	01:44:49	00:23:28
20	1766	Martin	Civera Saez	C.E.A. BETERA	G40-44M	105	00:21:56	4'03"/km	00:00:46	122	01:12:26	16.56 km/h	00:00:59	114	00:12:39	4'41"/km	01:48:48	00:27:27
21	1788	Iago	Rodriguez Fernandez	TRIATLON RIAS BAIXAS	G40-44M	76	00:20:52	3'51"/km	00:01:09	131	01:15:17	15.93 km/h	00:01:24	96	00:12:10	4'30"/km	01:50:53	00:29:32
22	1761	Miguel	Amado Marí	C.E.A. BETERA	G40-44M	106	00:21:58	4'04"/km	00:01:25	137	01:18:23	15.30 km/h	00:01:12	102	00:12:22	4'34"/km	01:55:21	00:34:00
	1779	Sergi	Lasheras Rabionet	C.E.T. DISTANCE	G40-44M													
	1783	Raúl	Nieto	SALMANTICA TRIATLON CLUB	G40-44M													
	1771	Joaquin	Espina Zambrano	C.D. TRIALCOR VILLALBA	G40-44M													
	1789	Gustavo	Viejo Medina	INDEPENDIENTE	G40-44M													
	1770	Manuel	Durán Bravo	TRIATLÓN TRUJILLO	G40-44M													
	1775	Angel	Herencia Carramolino	BICIS PINA-GRUPO GM-TRITOLEDO	G40-44M													
	1780	Ivan	Llorente Prieto	CLUB TRIATLON CHARRO	G40-44M													

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Grupos de Edad

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre.	META	Dif.
G45-49M																		
1	1810	David	Malagon Lopez	CLUB TRIATLO GRANOLLERS	G45-49M	20	00:19:03	3'31"/km	00:01:00	7	00:53:03	22.61 km/h	00:01:05	32	00:10:38	3'56"/km	01:24:51	00:03:30
2	1793	Francisco	Burgos Pelegrina	CLUB TRIATLON EUROPA	G45-49M	6	00:18:07	3'21"/km	00:00:42	25	00:56:03	21.40 km/h	00:00:42	17	00:10:19	3'49"/km	01:25:56	00:04:35
3	1804	Antonio Juan	Gutierrez Bermudo	INDEPENDIENTE	G45-49M	32	00:19:28	3'36"/km	00:00:53	24	00:56:01	21.42 km/h	00:00:55	10	00:10:14	3'47"/km	01:27:33	00:06:12
4	1792	Agustín	Anguita Hinojosa	TRI INFINITY MÓSTOLES	G45-49M	19	00:19:02	3'31"/km	00:01:00	21	00:55:20	21.68 km/h	00:01:28	43	00:10:49	4'00"/km	01:27:41	00:06:20
5	1796	Manuel	Diaz Roman	EL BICHO BICICLETAS C.D.	G45-49M	28	00:19:15	3'34"/km	00:00:51	34	00:56:39	21.18 km/h	00:00:46	40	00:10:47	3'59"/km	01:28:20	00:06:59
6	1809	Jose Miguel	Jimenez Martin	C.T. TIBURONES DE ESTEPONA - ACHEDOSOL	G45-49M	13	00:18:28	3'25"/km	00:01:03	50	00:58:20	20.56 km/h	00:00:51	5	00:10:00	3'42"/km	01:28:43	00:07:22
7	1811	Ramón	Mora Abarracin	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G45-49M	27	00:19:14	3'33"/km	00:00:45	41	00:57:17	20.94 km/h	00:00:53	44	00:10:49	4'00"/km	01:29:00	00:07:39
8	1808	Jorge	Janeiro Lorenzo	CLUB TRIATLON POIO	G45-49M	12	00:18:27	3'25"/km	00:01:00	60	00:59:40	20.10 km/h	00:00:58	3	00:09:55	3'40"/km	01:30:02	00:08:41
9	1820	Felipe	Sanchidrian Garro	INDEPENDIENTE	G45-49M	121	00:22:41	4'12"/km	00:01:01	11	00:54:21	22.07 km/h	00:00:57	90	00:11:58	4'25"/km	01:30:59	00:09:38
10	1795	Roberto	Chamarro Duran	CLUB TRIATLON CHARRO	G45-49M	58	00:20:11	3'44"/km	00:01:00	46	00:58:02	20.67 km/h	00:01:01	65	00:11:19	4'11"/km	01:31:35	00:10:14
11	1802	Paulino	Gonzalez Gay	OCTAVUS TRIATLÓN - SKODA ZARATECNO	G45-49M	29	00:19:17	3'34"/km	00:00:46	65	01:00:06	19.96 km/h	00:00:51	39	00:10:46	3'59"/km	01:31:49	00:10:28
12	1823	Jorge	Tirapu Mendióroz	TRIATLON ANTZOAIN	G45-49M	75	00:20:49	3'51"/km	00:00:52	43	00:57:33	20.84 km/h	00:00:57	80	00:11:42	4'20"/km	01:31:54	00:10:33
13	1806	Jaime	Hamad Mohamed	XTREMCALVIÀ	G45-49M	66	00:20:26	3'47"/km	00:00:59	106	01:07:26	17.79 km/h	-00:07:54	64	00:11:16	4'10"/km	01:32:14	00:10:53
14	1822	Rafael	Tébar García	TRIATLÓN ALBACETE	G45-49M	35	00:19:32	3'37"/km	00:00:38	66	01:00:26	19.85 km/h	00:01:00	49	00:10:59	4'04"/km	01:32:36	00:11:15
15	1814	Sergio	Perez Garcia	CLUB TRIATLON LAS ROZAS	G45-49M	55	00:20:05	3'43"/km	00:00:49	54	00:58:44	20.42 km/h	00:01:06	88	00:11:53	4'24"/km	01:32:40	00:11:19
16	1805	Francisco Javier	Gutiérrez Criado	CLUB TRIATLON LAS ROZAS	G45-49M	51	00:20:02	3'42"/km	00:01:20	80	01:02:05	19.32 km/h	00:01:06	48	00:10:57	4'03"/km	01:35:33	00:14:12
17	1797	Jesus Manuel	Farelo Maestre	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G45-49M	64	00:20:19	3'45"/km	00:01:08	84	01:02:17	19.26 km/h	00:01:27	55	00:11:05	4'06"/km	01:36:18	00:14:57
18	1817	Jfrancisco Manuel	Rondan Palomeque	C.D. SANLUQUEÑO DE CICLISMO LOS PITIJOPOS	G45-49M	100	00:21:45	4'01"/km	00:01:05	83	01:02:11	19.29 km/h	00:01:55	81	00:11:43	4'20"/km	01:38:41	00:17:20
19	1798	Carlos	Fernández Alonso	CLUB TRIATLON LAS ROZAS	G45-49M	80	00:21:04	3'54"/km	00:01:14	91	01:03:36	18.86 km/h	00:01:08	109	00:12:31	4'38"/km	01:39:36	00:18:15
20	1791	Miguel Angel	Alonso Cabezas	CD TRIATLON BOMBEROS VALLADOLID	G45-49M	85	00:21:18	3'56"/km	00:01:22	93	01:03:58	18.75 km/h	00:01:14	99	00:12:14	4'31"/km	01:40:08	00:18:47
21	1818	Cesar	Sanchez Alonso	ESCUELA TRIATLÓN PLASENCIA	G45-49M	99	00:21:44	4'01"/km	00:00:57	76	01:01:21	19.55 km/h	00:01:31	144	00:14:50	5'29"/km	01:40:25	00:19:04
22	1803	Ramon	Gregoris De La Fuente	CD TRIATLON BOMBEROS VALLADOLID	G45-49M	122	00:22:48	4'13"/km	00:01:18					131	00:13:38	5'03"/km	01:42:43	00:21:22
23	1799	Daniel	Fonseca López	CLUB TRIATLON LAS ROZAS	G45-49M	115	00:22:25	4'09"/km	00:01:19	97	01:05:40	18.27 km/h	00:01:21	103	00:12:22	4'35"/km	01:43:09	00:21:48
24	1800	Antonio	Font Tomás	C.E.A. BETERA	G45-49M	88	00:21:20	3'57"/km	00:00:44	113	01:10:16	17.07 km/h	00:00:49	30	00:10:37	3'56"/km	01:43:48	00:22:27
25	1824	Cesar	Tores Garcia	MARLINS TRIATLON MADRID	G45-49M	92	00:21:31	3'59"/km	00:00:48	109	01:08:34	17.49 km/h	00:01:10	85	00:11:49	4'22"/km	01:43:54	00:22:33
26	1801	Jorge Manuel	Garcia Rodriguez	CLUB TRIATLON COMPOSTELA	G45-49M	48	00:19:53	3'40"/km	00:01:06	116	01:11:21	16.81 km/h	00:01:30	19	00:10:23	3'50"/km	01:44:14	00:22:53
27	1819	Juan Pedro	Sánchez Díaz	TRIATLON DON BENITO	G45-49M	137	00:23:40	4'23"/km	00:01:19	102	01:06:25	18.06 km/h	00:01:38	121	00:12:57	4'48"/km	01:46:00	00:24:40
28	1807	Francisco Javier	Iglesias Prado	TRIATLON INFORHOUSE SANTIAGO	G45-49M	124	00:22:55	4'14"/km	00:01:06	108	01:08:11	17.59 km/h	00:01:17	136	00:14:01	5'11"/km	01:47:32	00:26:11
29	1790	Jose Maria	Abello Ramirez	C.T. TIBURONES DE ESTEPONA - ACHEDOSOL	G45-49M	111	00:22:16	4'07"/km	00:01:33	112	01:09:55	17.16 km/h	00:01:33	118	00:12:52	4'46"/km	01:48:11	00:26:50
30	1794	Jesus	Calvar Lorenzo	CLUB TRIATLON MAR DE VIGO	G45-49M	132	00:23:33	4'21"/km	00:01:28	121	01:12:25	16.56 km/h	00:01:38	129	00:13:24	4'57"/km	01:52:30	00:31:09

Campeonato de España de Duatlón Cros - El Anillo

Grupos de Edad

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
1813	Miguel	Peñalba Moldes	C.D.E.TRIATLON SAN SEBASTIAN DE LOS REYES	G45-49M														
1812	Jose Luis	Muñoz Cid	EL BICHO BICICLETAS C.D.	G45-49M														
1815	Basilio	Polvillo Rogerio	C.D.SIMON VERDE FLOWWAY	G45-49M														
1821	Jesus	Serna Martin	C.T. RINCON DE LA VICTORIA TUK-TUK NOODLES	G45-49M														
1816	Miguel Angel	Pulido Garcia	BICIS PINA-GRUPO GM-TRITOLEDO	G45-49M														
G50-54M																		
1	1834	Jose Carlos	Montesinos Belmonte	TRI IMPULSO BITEC	G50-54M	57	00:20:10	3'44"/km	00:00:55	22	00:55:21	21.67 km/h	00:00:52	37	00:10:43	3'58"/km	01:28:04	00:06:43
2	1829	Antonio Luis	Fernandez Perula	TRIATLON MEZQUITA	G50-54M	59	00:20:12	3'44"/km	00:00:53	23	00:55:26	21.64 km/h	00:01:03	38	00:10:46	3'59"/km	01:28:22	00:07:01
3	1832	Fausto	Lopez Gabarron	C.T. TRAGAMILLAS-CICLOS VICEA-MERCALUZ	G50-54M	46	00:19:47	3'39"/km	00:00:51	30	00:56:18	21.31 km/h	00:00:53	42	00:10:47	3'59"/km	01:28:38	00:07:17
4	1836	Antonio Luis	Perez Saa	GAÑA	G50-54M	50	00:20:00	3'42"/km	00:00:58	32	00:56:27	21.25 km/h	00:00:57	57	00:11:07	4'07"/km	01:29:30	00:08:09
5	1830	Jose A.	García García	C.T. TIBURONES DE ESTEPONA - ACHEDOSOL	G50-54M	42	00:19:38	3'38"/km	00:00:53	40	00:57:16	20.95 km/h	00:00:55	61	00:11:11	4'08"/km	01:29:56	00:08:35
6	1831	Victor Manuel	Gómez Gutierrez	TRIATLON VILLALBILLA	G50-54M	83	00:21:07	3'54"/km	00:01:03	38	00:57:07	21.00 km/h	00:01:20	58	00:11:08	4'07"/km	01:31:47	00:10:26
7	1826	José	Calderón González	CAPEX TRIATLÓN	G50-54M	36	00:19:32	3'37"/km	00:00:38	73	01:00:53	19.70 km/h	00:00:40	31	00:10:37	3'56"/km	01:32:22	00:11:01
8	1835	Luis Hernando	Pastor Ortiz	EL BICHO BICICLETAS C.D.	G50-54M	63	00:20:18	3'45"/km	00:00:52	58	00:59:37	20.12 km/h	00:01:01	54	00:11:05	4'06"/km	01:32:54	00:11:33
9	1827	Fernando	Cantos Millan	TRIATLÓ ONTINYENT	G50-54M	70	00:20:38	3'49"/km	00:00:51	61	00:59:45	20.08 km/h	00:01:28	67	00:11:26	4'14"/km	01:34:10	00:12:49
10	1828	Antonio	Castaño Palanco	CAPEX TRIATLÓN	G50-54M	89	00:21:23	3'57"/km	00:01:01	69	01:00:37	19.79 km/h	00:01:15	104	00:12:22	4'35"/km	01:36:40	00:15:19
11	1837	Juan Ramon	Rodriguez Burgos	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G50-54M	140	00:24:00	4'26"/km	00:01:24	107	01:07:35	17.75 km/h	00:01:31	128	00:13:22	4'57"/km	01:47:54	00:26:33
12	1838	Jose Maria	Tabuenca Joven	STADIUM CASABLANCA MAPEI	G50-54M	151	00:25:59	4'48"/km	00:01:22	132	01:15:54	15.80 km/h	00:01:23	140	00:14:37	5'25"/km	01:59:17	00:37:56
	1825	Rafael	Cabañeros Robles	VETUSTA UNIVERSIDAD DE OVIEDO TRIATLÓN	G50-54M													
	1833	Francisco Javier	Mesa Villabrille	CLUB TRIATLON LUGONES	G50-54M		00:21:04	3'54"/km	00:00:53									
G55-59M																		
1	1839	Germán	Del Pino Barroso	C.D. DARKSID3 TRIATLÓN TALAVERA	G55-59M	68	00:20:33	3'48"/km	00:01:07	39	00:57:13	20.97 km/h	00:01:03	59	00:11:08	4'07"/km	01:31:05	00:09:44
2	1842	Miguel	Garcia Rubiño	C.D. BEWOR	G55-59M	104	00:21:56	4'03"/km	00:01:04	42	00:57:27	20.88 km/h	00:00:59	74	00:11:33	4'16"/km	01:33:00	00:11:39
3	1846	Eduardo	Martin Infante	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G55-59M	69	00:20:35	3'48"/km	00:00:51	71	01:00:38	19.78 km/h	00:00:52	41	00:10:47	3'59"/km	01:33:45	00:12:24
4	1847	Lluís	Pons I Casals	TOT VICI EN BICI CLUB ESPORTIU	G55-59M	97	00:21:39	4'00"/km	00:01:05	52	00:58:27	20.52 km/h	00:01:06	92	00:11:58	4'26"/km	01:34:18	00:12:57
5	1850	Luis Miguel	Sanchez Garcia	EL BICHO BICICLETAS C.D.	G55-59M	87	00:21:20	3'57"/km	00:01:01	63	00:59:58	20.00 km/h	00:01:02	62	00:11:11	4'08"/km	01:34:33	00:13:12
6	1841	Francisco	Dominguez Chacón	EL BICHO BICICLETAS C.D.	G55-59M	65	00:20:21	3'46"/km	00:00:55	37	00:57:00	21.04 km/h	00:04:43	95	00:12:08	4'29"/km	01:35:10	00:13:49
7	1840	Jose Manuel	Diaz Gomez	C.T. TIBURONES DE ESTEPONA - ACHEDOSOL	G55-59M	125	00:22:58	4'15"/km	00:01:06	49	00:58:19	20.57 km/h	00:01:09	107	00:12:24	4'35"/km	01:35:58	00:14:37
8	1849	Cesareo	Romero Jara	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G55-59M	102	00:21:48	4'02"/km	00:01:00	70	01:00:38	19.79 km/h	00:01:00	87	00:11:51	4'23"/km	01:36:18	00:14:57
9	1845	Angel	Lencina Alonso	C.T. JUMILLA	G55-59M	109	00:22:10	4'06"/km	00:01:16	68	01:00:30	19.82 km/h	00:01:24	110	00:12:34	4'39"/km	01:37:57	00:16:36
10	1848	Santi	Ribot Terricabras	CLUB TRIATLO GRANOLLERS	G55-59M	119	00:22:36	4'11"/km	00:01:10	78	01:01:55	19.37 km/h	00:01:14	105	00:12:23	4'35"/km	01:39:20	00:17:59

Campeonato de España de Duatlón Cros - El Anillo

Grupos de Edad

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
11	1843	José Elías	Gómez Alonso	CLUB EXTREMADURA TRIATLÓN	G55-59M	110	00:22:11	4'06"/km	00:01:18	104	01:06:55	17.93 km/h	00:01:32	98	00:12:12	4'31"/km	01:44:10	00:22:49
12	1844	Enrique	Hernandez Moldes	TRIATLON RIAS BAIXAS	G55-59M	139	00:23:47	4'24"/km	00:01:28	120	01:12:25	16.57 km/h	00:01:14	132	00:13:42	5'04"/km	01:52:37	00:31:16
G60-64M																		
1	1853	Manuel	Gonzalez Ojea	TRIATLON RIAS BAIXAS	G60-64M	82	00:21:07	3'54"/km	00:01:03	47	00:58:07	20.64 km/h	00:01:41	33	00:10:39	3'56"/km	01:32:39	00:11:18
2	1854	Javier	Ortega Gutierrez	C.D. TRAININGTRI	G60-64M	108	00:22:09	4'06"/km	00:01:13	110	01:09:20	17.30 km/h	00:01:25	123	00:13:00	4'49"/km	01:47:09	00:25:48
3	1851	Julian Manuel	Arenas Pizarro	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G60-64M	129	00:23:28	4'20"/km	00:00:56	114	01:10:18	17.06 km/h	00:01:04	125	00:13:14	4'54"/km	01:49:03	00:27:42
	1852	Antonio	Calderón González	CAPEX TRIATLÓN	G60-64M													
G65-69M																		
	1856	Francesc Xavier	Subirana Salabert	CLUB TRIATLO LLUÇANES	G65-69M													
	1857	Luis Miguel	Torres Morera	C.D. GADEIRAS SPORT	G65-69M													
	1855	Juan Vicente	Izquierdo Rey	CLUB EXTREMADURA TRIATLÓN	G65-69M													
G70-74M																		
	1858	Victor	Baron Ramon	CORRECAMINOS ALFINDEN	G70-74M													
G20-24F																		
1	1902	Celia	Nuñez Moraleda	AD TRIATLÓN ECOSPORT ALCOBENDAS	G20-24F	143	00:24:19	4'30"/km	00:00:59	139	01:19:15	15.14 km/h	00:00:50	155	00:15:34	5'46"/km	02:00:58	00:39:37
2	1903	Edith	Pulkkinen Gonzalez	C.D.E. TRIATLON GALAPAGAR	G20-24F	147	00:25:23	4'42"/km	00:01:04	141	01:20:21	14.93 km/h	00:01:02	139	00:14:30	5'22"/km	02:02:21	00:41:00
	1901	Candela	Martínez Rodríguez	VETUSTA UNIVERSIDAD DE OVIEDO TRIATLÓN	G20-24F													
	1904	Marta	Suárez García	VETUSTA UNIVERSIDAD DE OVIEDO TRIATLÓN	G20-24F													
G25-29F																		
1	1909	Elena	Salagre Rubio	COMPLUTUM TRIATLON	G25-29F	128	00:23:27	4'20"/km	00:01:16	134	01:16:14	15.73 km/h	00:01:13	138	00:14:07	5'14"/km	01:56:20	00:34:59
2	1910	Eva	Zaro Aznar	CLUB TRIATLON EUROPA	G25-29F	144	00:24:26	4'31"/km	00:01:14	136	01:18:02	15.37 km/h	00:01:25	141	00:14:38	5'25"/km	01:59:47	00:38:26
	1905	Laura	Gomez Pintado	CLUB EXTREMADURA TRIATLÓN	G25-29F													
	1906	Milena	Gonzalez Alvarez	VETUSTA UNIVERSIDAD DE OVIEDO TRIATLÓN	G25-29F													
	1907	Ana	Perla Sánchez	CLUB TRIATLON LAS ROZAS	G25-29F													
	1908	Naira	Rubio Muñoz	CLUB TRIATLON LAS ROZAS	G25-29F													
G30-34F																		
1	1912	Laura	Esparza Gomez De Segura	OCTAVUS TRIATLÓN - SKODA ZARATECNO	G30-34F	98	00:21:40	4'00"/km	00:00:56	118	01:11:48	16.71 km/h	00:01:03	82	00:11:45	4'21"/km	01:47:13	00:25:52
2	1911	Cristina	Duran Calleja	TRIATLON DON BENITO	G30-34F	74	00:20:45	3'50"/km	00:01:03	133	01:16:02	15.78 km/h	00:01:17	46	00:10:51	4'01"/km	01:50:01	00:28:40
3	1915	Eva	Pascual Collados	CLUB TRIATLON EUROPA	G30-34F	116	00:22:30	4'10"/km	00:01:00	128	01:14:26	16.12 km/h	00:01:06	108	00:12:26	4'36"/km	01:51:30	00:30:09

Campeonato de España de Duatlón Cros - El Anillo

Grupos de Edad

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre.	META	Dif.
4	1913	Rocio	Fernandez Fernandez	MARLINS TRIATLON MADRID	G30-34F	131	00:23:30	4'21"/km	00:00:59	135	01:17:34	15.46 km/h	00:01:06	117	00:12:44	4'43"/km	01:55:56	00:34:35
5	1914	Ángeles	Muñoz Blanco	C.D.E. TRIBOOST	G30-34F	130	00:23:28	4'20"/km	00:00:47	145	01:22:05	14.61 km/h	00:00:47	83	00:11:49	4'22"/km	01:58:58	00:37:37
6	1916	Yolanda	Sanchez Sanchez	CLUB TRIATLON CHARRO	G30-34F	153	00:26:19	4'52"/km	00:01:32	151	01:26:33	13.86 km/h	00:01:39	157	00:16:04	5'57"/km	02:12:09	00:50:48
G35-39F																		
1	1927	Leticia	Soria Martinez	OCTAVUS TRIATLÓN - SKODA ZARATECNO	G35-39F	96	00:21:39	4'00"/km	00:00:51	96	01:04:48	18.51 km/h	00:00:53	89	00:11:56	4'25"/km	01:40:09	00:18:48
2	1925	Ester	Rodríguez Sánchez	ESCUELA DE TRIATLÓN SALMANTINA - AGÓN SPORT CDF	G35-39F	123	00:22:51	4'14"/km	00:01:21	144	01:21:38	14.69 km/h	00:01:25	93	00:12:03	4'27"/km	01:59:20	00:37:59
3	1924	María De Las Cruces	Parras Morcillo	TRIATLON DON BENITO	G35-39F	145	00:24:36	4'33"/km	00:01:20	142	01:20:49	14.84 km/h	00:01:04	111	00:12:36	4'40"/km	02:00:27	00:39:06
4	1919	Miriam	Diosdado Molano	TRI INFINITY MÓSTOLES	G35-39F	156	00:26:57	4'59"/km	00:01:00	138	01:18:53	15.20 km/h	00:01:13	151	00:15:08	5'36"/km	02:03:12	00:41:51
5	1918	Vanessa	Consuegra Gomez	AD TRIATLÓN ECOSPORT ALCOBENDAS	G35-39F	133	00:23:36	4'22"/km	00:01:15	149	01:24:20	14.22 km/h	00:01:32	146	00:14:55	5'31"/km	02:05:39	00:44:18
6	1922	Natalia	Mendez Sanchez	AD TRIATLÓN ECOSPORT ALCOBENDAS	G35-39F	152	00:26:15	4'51"/km	00:01:22	147	01:23:15	14.41 km/h	00:01:44	148	00:15:00	5'33"/km	02:07:37	00:46:16
7	1921	Laura	Granado Lopez	C.T. RINCON DE LA VICTORIA TUK-TUK NOODLES	G35-39F	134	00:23:37	4'22"/km	00:01:08	155	01:32:03	13.03 km/h	00:01:04	124	00:13:05	4'50"/km	02:10:59	00:49:38
8	1923	Isabel	Olmos Figuerola	AD TRIATLÓN ECOSPORT ALCOBENDAS	G35-39F	161	00:27:45	5'08"/km	00:01:31	152	01:27:04	13.78 km/h	00:01:15	159	00:17:05	6'19"/km	02:14:42	00:53:21
9	1917	Montserrat	Acera Curto	CLUB TRIATLON CHARRO	G35-39F	158	00:27:17	5'03"/km	00:01:13	153	01:30:39	13.23 km/h	00:01:55	150	00:15:06	5'35"/km	02:16:12	00:54:51
10	1920	Sandra	Garcia Martin	CLUB TRIATLON LUGONES	G35-39F	163	00:28:43	5'19"/km	00:01:38	154	01:30:40	13.23 km/h	00:01:40	160	00:17:38	6'31"/km	02:20:21	00:59:00
	1926	Susana	Sanchez-alamo Del Castillo	CLUB TRIATLON LAS ROZAS	G35-39F													
G40-44F																		
1	1931	Esther	Maqueda Perez	ADSEVILLA	G40-44F	120	00:22:39	4'11"/km	00:01:00	87	01:02:32	19.18 km/h	00:00:57	97	00:12:12	4'31"/km	01:39:22	00:18:01
2	1937	Laura	Villar Palacios	TRIATLÓN ALBACETE	G40-44F	95	00:21:38	4'00"/km	00:01:01	115	01:11:09	16.86 km/h	00:01:13	86	00:11:51	4'23"/km	01:46:54	00:25:33
3	1930	Sofi Inmaculada	Fernández Rodríguez	C.T. RINCON DE LA VICTORIA TUK-TUK NOODLES	G40-44F	103	00:21:53	4'03"/km	00:01:05	125	01:12:54	16.45 km/h	00:01:11	112	00:12:38	4'41"/km	01:49:43	00:28:22
4	1936	Ana Maria	Vilas Perez	CLUB TRIATLON COMPOSTELA	G40-44F	150	00:25:52	4'47"/km	00:01:02	126	01:13:40	16.28 km/h	00:01:01	137	00:14:05	5'13"/km	01:55:42	00:34:21
5	1929	Celia	Bolinches Guijarro	TRIATLO ONTINYENT	G40-44F	149	00:25:51	4'47"/km	00:01:09	143	01:21:30	14.72 km/h	00:01:16	145	00:14:55	5'31"/km	02:04:42	00:43:21
6	1934	Pilar	Ramírez Córcoles	TRIATLÓN ALBACETE	G40-44F	154	00:26:36	4'55"/km	00:01:06	146	01:22:07	14.61 km/h	00:01:05	147	00:14:56	5'32"/km	02:05:52	00:44:31
7	1935	Dolores	Rey Da Silva	CLUB TRIATLON COMPOSTELA	G40-44F	160	00:27:30	5'05"/km	00:01:03	160	01:47:29	11.16 km/h	00:01:13	153	00:15:30	5'44"/km	02:32:47	01:11:26
8	1933	Patricia	Pérez Arzúa	COMPLUTUM TRIATLON	G40-44F	157	00:26:58	4'59"/km	00:02:08	159	01:46:58	11.21 km/h	00:02:31	154	00:15:33	5'45"/km	02:34:10	01:12:49
	1928	Eva Maria	Arguelles Beltrán	HORIZONTE GIJON	G40-44F													
	1932	Patricia	Martin Martin	AD TRIATLÓN ECOSPORT ALCOBENDAS	G40-44F													
G45-49F																		
1	1943	Teresa	Pons Munill	PRAT TRIATLO 1994	G45-49F	127	00:23:13	4'18"/km	00:01:03	98	01:05:51	18.22 km/h	00:01:05	116	00:12:44	4'43"/km	01:43:59	00:22:38
2	1938	Monica	Carrascosa Garcia	SESTAO TRIATLOI TALDEA	G45-49F	136	00:23:38	4'22"/km	00:00:56	105	01:07:04	17.88 km/h	00:00:56	120	00:12:57	4'47"/km	01:45:32	00:24:11
3	1945	Elena	Villanueva Cuesta	TRIATLON PISUERGA-TRIPI	G45-49F	114	00:22:24	4'08"/km	00:01:00	119	01:11:56	16.68 km/h	00:00:58	113	00:12:39	4'41"/km	01:48:58	00:27:37

Campeonato de España de Duatlón Cros - El Anillo

Grupos de Edad

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
4	1942	Nerea	Martinez Urruzola	CLUB TRIATLON LAS ROZAS	G45-49F	118	00:22:36	4'11"/km	00:00:58	129	01:14:50	16.03 km/h	00:01:05	101	00:12:20	4'34"/km	01:51:51	00:30:30
5	1944	Rosario	Rodríguez Méndez	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G45-49F	159	00:27:24	5'04"/km	00:01:06	130	01:15:11	15.96 km/h	00:01:20	156	00:15:50	5'52"/km	02:00:53	00:39:32
6	1940	Natalia	Lorenzo Perez	CLUB TRIATLON COMPOSTELA	G45-49F	138	00:23:41	4'23"/km	00:00:55	156	01:32:53	12.91 km/h	00:01:18	142	00:14:46	5'28"/km	02:13:34	00:52:13
	1939	Maria Dolores	Garcia Alarcon Jimenez	TRITRAIN4YOU MÁLAGA	G45-49F													
	1941	Ana	Marquez Gomez	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G45-49F													
G50-54F																		
1	1947	Ascension	Gutierrez Pascual	OCTAVUS TRIATLÓN - SKODA ZARATECNO	G50-54F	142	00:24:17	4'29"/km	00:00:55					127	00:13:19	4'56"/km	01:50:16	00:28:55
2	1946	M.carmen	Camacho Garcia	C.D. TRAININGTRI	G50-54F	164	00:31:57	5'55"/km	00:01:23	158	01:37:24	12.31 km/h	00:01:31	161	00:18:10	6'43"/km	02:30:27	01:09:06
G55-59F																		
1	1948	Rosario	Palma Martínez	C.D. PLAYAS DE PUNTA UMBRIA COSTA DE LA LUZ	G55-59F	148	00:25:25	4'42"/km	00:00:59	150	01:25:42	14.00 km/h	00:01:11	149	00:15:01	5'33"/km	02:08:19	00:46:58
2	1949	Maria Isabel	Pintado Vidal	CLUB EXTREMADURA TRIATLÓN	G55-59F	162	00:28:31	5'16"/km	00:01:32	148	01:24:08	14.26 km/h	00:01:27	158	00:16:22	6'03"/km	02:12:03	00:50:42