

Fecha: 13/11/2016

Distancia: 21.095 ms

MEDIA MARATON CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		DIF.
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	
1	214	SOUFIAN DIOURI	RUNNER'S TEAM HERBALIFE	16:41	3:12 min/km	27:23	3:14 min/km	36:34	3:32 min/km	55:56	3:32 min/km	1:07:01	3:21 min/km	1:10:03	3:19 min/km	+0
2	150	AHMED MOHAMED KARROUM	TRAIL RUNNING MELILLA	17:51	3:26 min/km	29:41	3:34 min/km	39:31	3:47 min/km	1:00:09	3:47 min/km	1:12:18	3:40 min/km	1:15:35	3:35 min/km	+5:32
3	280	SUFIAN AMGAR MOUSSAOUI	PLAYA DE MELILLA	18:12	3:30 min/km	30:15	3:39 min/km	40:14	3:50 min/km	1:01:38	3:50 min/km	1:14:30	3:53 min/km	1:18:02	3:41 min/km	+7:58
4	172	EAMON CANELA HURTADO	TRIATLON SANTA BARBARA	19:03	3:39 min/km	31:09	3:39 min/km	41:17	3:53 min/km	1:02:36	3:53 min/km	1:15:00	3:45 min/km	1:18:16	3:42 min/km	+8:12
5	263	CRISTIAN GOMEZ PEREZ	JARAPALOS TRAIL	19:12	3:41 min/km	31:35	3:45 min/km	41:55	3:58 min/km	1:03:35	3:58 min/km	1:15:53	3:43 min/km	1:19:06	3:45 min/km	+9:02
6	97	MOHAMED MOHAMED MOHAMED	GORILLA FIT NUTRUTION	18:12	3:30 min/km	30:16	3:39 min/km	40:31	3:56 min/km	1:02:34	3:56 min/km	1:15:57	4:03 min/km	1:19:42	3:46 min/km	+9:39
7	284	FERNANDO J. TERREZ LOPEZ	CLUB ATLETICO MELILLA	19:10	3:41 min/km	31:35	3:45 min/km	41:56	3:58 min/km	1:03:41	3:58 min/km	1:17:14	4:06 min/km	1:20:54	3:50 min/km	+10:51
8	233	ADRIAN REFOJOS GONZALEZ	INDEPENDIENTE	20:29	3:56 min/km	33:32	3:57 min/km	44:21	4:09 min/km	1:06:54	4:09 min/km	1:20:18	4:03 min/km	1:24:02	3:59 min/km	+13:58
9	193	OMAR DRIS MAANAN	TRAIL RUNNIN MELILLA	21:15	4:05 min/km	34:17	3:57 min/km	45:14	4:12 min/km	1:07:42	4:12 min/km	1:20:44	3:57 min/km	1:24:16	3:59 min/km	+14:12
10	154	ANTONIO CAMPOS SOTO	INDEPENDIENTE	19:26	3:44 min/km	32:23	3:55 min/km	43:31	4:17 min/km	1:07:06	4:17 min/km	1:20:58	4:12 min/km	1:24:43	4:00 min/km	+14:39
11	124	JAVIER RICO TORTOSA	CLUB DE TRIATLON SANTA BARBARA	20:09	3:52 min/km	33:10	3:56 min/km	44:24	4:19 min/km	1:07:25	4:19 min/km	1:21:07	4:09 min/km	1:25:08	4:02 min/km	+15:05
12	229	JESUS ESTRADA SALINAS	ATLÉTICO MELILLA	20:46	3:59 min/km	34:12	4:04 min/km	45:29	4:20 min/km	1:08:33	4:20 min/km	1:21:52	4:02 min/km	1:25:31	4:03 min/km	+15:27
13	220	ÑEÑO GARCÍA CANELA	OLYMPIC CENTER	20:31	3:56 min/km	33:36	3:57 min/km	44:38	4:14 min/km	1:07:58	4:14 min/km	1:22:16	4:20 min/km	1:26:02	4:04 min/km	+15:58
14	303	SERGIO POMEDIO GARCIA	RUNNER TEAM/GRM 52	21:22	4:06 min/km	34:44	4:03 min/km	45:50	4:16 min/km	1:08:56	4:16 min/km	1:22:48	4:12 min/km	1:26:16	4:05 min/km	+16:12
15	107	CARLOS GUSTAVO ROMERO	CLUB ATLÉTICO MELILLA	20:47	3:59 min/km	34:13	4:04 min/km	45:43	4:25 min/km	1:09:44	4:25 min/km	1:23:23	4:08 min/km	1:26:46	4:06 min/km	+16:42
16	58	HASSAN MOHAMED MOHAMED	INDEPENDIENTE	20:50	4:00 min/km	34:14	4:03 min/km	45:43	4:24 min/km	1:09:16	4:24 min/km	1:23:16	4:14 min/km	1:27:04	4:07 min/km	+17:01
17	312	PACO DOMINGUEZ PEDREÑO	CLUB SIN LIMITES	20:49	4:00 min/km	34:14	4:03 min/km	45:43	4:24 min/km	1:09:18	4:24 min/km	1:23:18	4:14 min/km	1:27:05	4:07 min/km	+17:01
18	152	JULIO IGLESIAS TRUJILLO	CLUB SIN LIMITES	21:31	4:08 min/km	35:16	4:10 min/km	46:42	4:23 min/km	1:10:09	4:23 min/km	1:23:44	4:06 min/km	1:27:26	4:08 min/km	+17:23
19	158	SALVADOR PEÑAFIEL ALBERT	INDEPENDIENTE	21:22	4:06 min/km	35:04	4:09 min/km	46:40	4:27 min/km	1:11:07	4:27 min/km	1:25:19	4:18 min/km	1:29:05	4:13 min/km	+19:01
20	149	MARZOUK KHARBOUCH AKNAF	INDEPENDIENTE	21:16	4:05 min/km	34:47	4:05 min/km	46:42	4:34 min/km	1:10:53	4:34 min/km	1:25:21	4:23 min/km	1:29:10	4:13 min/km	+19:06
21	48	JUAN JESUS MARTEL ESPINO	CORREDORES AFRICANUS	22:09	4:15 min/km	35:18	3:59 min/km	46:41	4:22 min/km	1:11:02	4:22 min/km	1:25:54	4:30 min/km	1:29:47	4:15 min/km	+19:43
22	66	JOSE ESCOBAR MARCOS	BOMBALURINA RUNNERS TEAM	22:28	4:19 min/km	36:28	4:14 min/km	47:59	4:25 min/km	1:11:41	4:25 min/km	1:26:06	4:22 min/km	1:29:57	4:15 min/km	+19:53
23	63	AGUSTIN DURAN VELAZQUEZ	RING Nº 8	21:41	4:10 min/km	35:49	4:16 min/km	47:41	4:33 min/km	1:11:58	4:33 min/km	1:26:39	4:27 min/km	1:30:35	4:17 min/km	+20:31
24	68	JOSÉ CARLOS LG	INDEPENDIENTE	22:09	4:15 min/km	36:07	4:13 min/km	47:41	4:26 min/km	1:12:06	4:26 min/km	1:26:56	4:29 min/km	1:30:48	4:18 min/km	+20:45
25	339	EDUARDO CALDERAY RODRIGUEZ	SANTA RITA	21:25	4:07 min/km	35:07	4:09 min/km	47:18	4:41 min/km	1:12:18	4:41 min/km	1:27:03	4:28 min/km	1:31:01	4:18 min/km	+20:57
26	25	ANTONIO JIMENEZ RODRIGUEZ	CORREDORES AFRICANUS	20:31	3:56 min/km	34:03	4:05 min/km	46:20	4:43 min/km	1:11:38	4:43 min/km	1:27:17	4:44 min/km	1:31:13	4:19 min/km	+21:10
27	157	ANTONIO GRANADOS COMBA	ASOCIACION DEPORTIVA BOMBEROS DE	21:37	4:09 min/km	35:17	4:08 min/km	47:35	4:43 min/km	1:12:07	4:43 min/km	1:27:09	4:33 min/km	1:31:19	4:19 min/km	+21:15
28	155	ALEJANDRO REMARTÍNEZ BURKHALTEI	CLUB ATLETICO MELILLA	20:47	3:59 min/km	34:20	4:06 min/km	48:01	5:15 min/km	1:12:08	5:15 min/km	1:27:25	4:38 min/km	1:31:36	4:20 min/km	+21:33

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MEDIA MARATON
CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
29	255	JAVIER MALDONADO SALINAS	INDEPENDIENTE	22:30	4:19 min/km	36:25	4:13 min/km	48:11	4:31 min/km	1:13:13	4:31 min/km	1:28:02	4:29 min/km	1:32:06	4:21 min/km	+22:02
30	236	ÁLVARO IMBRODA VÁZQUEZ	INDEPENDIENTE	22:29	4:19 min/km	36:23	4:12 min/km	48:11	4:32 min/km	1:13:13	4:32 min/km	1:28:01	4:29 min/km	1:32:07	4:22 min/km	+22:03
31	221	EDUARDO SANTA GARCIA	INDEPENDIENTE	21:23	4:06 min/km	35:24	4:14 min/km	47:46	4:45 min/km	1:13:33	4:45 min/km	1:28:24	4:29 min/km	1:32:14	4:22 min/km	+22:10
32	73	ANTONIO PLAZA BORREGO	NO MIRESPATRAS	23:24	4:30 min/km	38:02	4:26 min/km	50:12	4:40 min/km	1:14:29	4:40 min/km	1:28:30	4:14 min/km	1:32:14	4:22 min/km	+22:11
33	230	FALI ALCAIDE RIVAS	TRAIL RUNNING MELILLA	23:56	4:36 min/km	38:30	4:24 min/km	50:29	4:36 min/km	1:14:59	4:36 min/km	1:29:06	4:16 min/km	1:32:42	4:23 min/km	+22:38
34	302	JOSÉ MIGUEL VÁZQUEZ PÉREZ	INDEPENDIENTE	22:15	4:16 min/km	36:20	4:16 min/km	48:13	4:34 min/km	1:13:51	4:34 min/km	1:28:53	4:33 min/km	1:32:43	4:23 min/km	+22:40
35	292	SERAFIN BOZADA BLANCO	HTRAINER	20:27	3:56 min/km	34:32	4:15 min/km	47:32	5:00 min/km	1:13:24	5:00 min/km	1:28:42	4:38 min/km	1:32:53	4:24 min/km	+22:49
36	202	FRANCISCO JAVIER SÁNCHEZ-RANDO C	TRAIL RUNNING MELILLA	22:52	4:23 min/km	37:30	4:26 min/km	49:45	4:42 min/km	1:15:02	4:42 min/km	1:29:16	4:18 min/km	1:33:02	4:24 min/km	+22:58
37	281	EMILIO FELICES MARTIN	INDEPENDIENTE	23:02	4:25 min/km	37:38	4:25 min/km	49:44	4:39 min/km	1:14:56	4:39 min/km	1:29:17	4:20 min/km	1:33:03	4:24 min/km	+23:00
38	103	ALVARO JESUS GARCIA CARASUSAN	SIN LIMITES	21:34	4:09 min/km	35:30	4:13 min/km	47:33	4:37 min/km	1:13:11	4:37 min/km	1:28:57	4:46 min/km	1:33:10	4:25 min/km	+23:07
39	344	JORGE CARLOS GÓNGORA CHACÓN	CICLOTUR MELILLA	23:20	4:29 min/km	38:03	4:27 min/km	50:13	4:40 min/km	1:15:07	4:40 min/km	1:29:33	4:22 min/km	1:33:27	4:25 min/km	+23:24
40	215	RAÚL JÁTIVA BERNAL	CLUB TRIATLÓN SANTA BÁRBARA	21:30	4:08 min/km	35:24	4:12 min/km	47:45	4:45 min/km	1:13:39	4:45 min/km	1:29:30	4:48 min/km	1:33:36	4:26 min/km	+23:32
41	327	JUAN JOSE NAVARRO SANCHEZ	INDEPENDIENTE	23:23	4:29 min/km	38:02	4:26 min/km	50:11	4:40 min/km	1:15:06	4:40 min/km	1:29:54	4:28 min/km	1:33:46	4:26 min/km	+23:42
42	225	JOSE BERRIOS SANCHEZ	TRAIL RUNNING MELILLA	22:42	4:21 min/km	37:15	4:24 min/km	49:48	4:49 min/km	1:15:13	4:49 min/km	1:29:58	4:28 min/km	1:33:52	4:26 min/km	+23:48
43	330	SEBASTIAN PÉREZ PEREZ	INDEPENDIENTE	23:23	4:29 min/km	38:02	4:26 min/km	50:11	4:40 min/km	1:15:08	4:40 min/km	1:29:57	4:29 min/km	1:34:02	4:27 min/km	+23:58
44	28	PAKO JAVI PADILLA VIZCAINO	CORREDORES AFRICANUS	24:01	4:37 min/km	39:09	4:35 min/km	51:20	4:41 min/km	1:16:14	4:41 min/km	1:30:28	4:18 min/km	1:34:08	4:27 min/km	+24:05
45	181	RAFA LÓPEZ GARCÉS	INDEPENDIENTE	22:30	4:19 min/km	37:01	4:23 min/km	49:08	4:39 min/km	1:14:53	4:39 min/km	1:30:08	4:37 min/km	1:34:12	4:27 min/km	+24:09
46	328	EMILIO AGUILAR GONZALEZ	INDEPENDIENTE	23:24	4:30 min/km	38:02	4:26 min/km	50:12	4:40 min/km	1:15:06	4:40 min/km	1:30:02	4:31 min/km	1:34:16	4:28 min/km	+24:13
47	363	RAMÓN ÁLVAREZ FUNES	PUENTE VERDE	22:01	4:14 min/km	36:36	4:25 min/km	49:03	4:47 min/km	1:15:19	4:47 min/km	1:30:37	4:38 min/km	1:34:47	4:29 min/km	+24:43
48	88	JAVIER ALMANSA MATEO	TRAIL RUNNING MELILLA	22:52	4:24 min/km	37:34	4:27 min/km	49:49	4:42 min/km	1:15:35	4:42 min/km	1:30:46	4:36 min/km	1:34:50	4:29 min/km	+24:47
49	279	ARMANDO URRESTARAZU PLATERO	INDEPENDIENTE	22:38	4:21 min/km	37:36	4:32 min/km	50:06	4:48 min/km	1:15:55	4:48 min/km	1:31:09	4:36 min/km	1:35:13	4:30 min/km	+25:09
50	250	ANTONIO MARTÍNEZ GALIANO	CORREDORES AFRICANUS	23:24	4:30 min/km	38:05	4:26 min/km	50:33	4:47 min/km	1:16:14	4:47 min/km	1:31:26	4:36 min/km	1:35:33	4:31 min/km	+25:29
51	354	IGNACIO SÁNCHEZ MARTÍN	MELILLA SIEMPRE ESPAÑOLA	22:37	4:21 min/km	37:36	4:32 min/km	50:06	4:48 min/km	1:16:01	4:48 min/km	1:31:29	4:41 min/km	1:35:50	4:32 min/km	+25:46
52	297	SERGIO BUADES CRIADO	INDEPENDIENTE	23:16	4:28 min/km	37:52	4:25 min/km	50:17	4:46 min/km	1:17:05	4:46 min/km	1:32:18	4:36 min/km	1:35:58	4:32 min/km	+25:54
53	246	MOHAMED EL YAHIAOUI	INDEPENDIENTE	18:51	3:37 min/km	31:17	3:46 min/km	42:23	4:15 min/km	1:06:51	4:15 min/km	1:31:20	7:25 min/km	1:36:12	4:33 min/km	+26:09
54	247	VICTOR NICOLAS LOPEZ	INDEPENDIENTE	21:59	4:13 min/km	36:40	4:27 min/km	49:06	4:46 min/km	1:15:33	4:46 min/km	1:31:45	4:54 min/km	1:36:16	4:33 min/km	+26:13
55	56	HORMA ALI MAHMUD	INDEPENDIENTE	22:23	4:18 min/km	36:56	4:24 min/km	49:28	4:49 min/km	1:15:16	4:49 min/km	1:32:07	5:06 min/km	1:36:23	4:34 min/km	+26:19
56	270	LATI (HASSAN) M'HAMED MOHAMED	INDEPENDIENTE	22:29	4:19 min/km	37:00	4:23 min/km	49:45	4:54 min/km	1:16:07	4:54 min/km	1:32:05	4:50 min/km	1:36:30	4:34 min/km	+26:27

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
57	234	JAVI DÍAZ FERNÁNDEZ	CORREDORES AFRICANUS	24:02	4:37 min/km	39:10	4:35 min/km	51:40	4:48 min/km	1:17:27	4:48 min/km	1:32:28	4:32 min/km	1:36:34	4:34 min/km	+26:30
58	266	JUAN BAUTISTA APARICIO PARRA	CLUB NATACION TRIATLON MELILLA	24:03	4:37 min/km	39:10	4:35 min/km	51:39	4:47 min/km	1:17:27	4:47 min/km	1:32:28	4:33 min/km	1:36:34	4:34 min/km	+26:31
59	335	JOSÉ MANUEL VENTURA GARCÍA	INDEPENDIENTE	24:19	4:40 min/km	39:24	4:34 min/km	52:22	4:59 min/km	1:17:52	4:59 min/km	1:32:50	4:31 min/km	1:36:43	4:35 min/km	+26:39
60	142	JAVIER PALENZUELA LAGUNA	INDEPENDIENTE	23:24	4:30 min/km	38:03	4:26 min/km	50:15	4:41 min/km	1:16:34	4:41 min/km	1:32:36	4:51 min/km	1:36:58	4:35 min/km	+26:54
61	161	ALEJANDRO GÓMEZ LA ORDEN	GOMEZ TEAM	24:33	4:43 min/km	40:09	4:43 min/km	53:04	4:58 min/km	1:18:18	4:58 min/km	1:33:16	4:32 min/km	1:36:59	4:35 min/km	+26:56
62	267	ALEJANDRO AZNAR TORRENTE	DRINK TEAM MELILLA	23:33	4:31 min/km	38:38	4:34 min/km	51:23	4:54 min/km	1:18:03	4:54 min/km	1:33:37	4:42 min/km	1:37:39	4:37 min/km	+27:35
63	272	JOSE MANUEL AGUILAR LOPEZ	A.C.D.. SANTA RITA	24:43	4:45 min/km	39:55	4:36 min/km	52:39	4:54 min/km	1:18:43	4:54 min/km	1:33:58	4:37 min/km	1:37:50	4:38 min/km	+27:46
64	32	MIGUEL MARTINEZ MARTINEZ	COBRAS RUNNERS	23:51	4:35 min/km	39:17	4:40 min/km	52:09	4:56 min/km	1:18:40	4:56 min/km	1:34:12	4:42 min/km	1:38:10	4:39 min/km	+28:07
65	341	ROBERTO RUIZ PADILLA	LOS CUCHARONES	25:30	4:54 min/km	40:57	4:40 min/km	53:31	4:50 min/km	1:19:17	4:50 min/km	1:34:13	4:31 min/km	1:38:13	4:39 min/km	+28:10
66	163	EDGAR RUIZ MUÑOZ	INDEPENDIENTE	25:30	4:54 min/km	40:58	4:41 min/km	53:32	4:50 min/km	1:19:18	4:50 min/km	1:34:13	4:31 min/km	1:38:14	4:39 min/km	+28:10
67	249	JUAN GONZÁLEZ SANTOS	INDEPENDIENTE	24:06	4:38 min/km	39:26	4:38 min/km	52:21	4:58 min/km	1:18:48	4:58 min/km	1:34:12	4:40 min/km	1:38:19	4:39 min/km	+28:16
68	218	ABEL MATILLA GARZON	CLUB MARITIMO	22:30	4:19 min/km	37:22	4:30 min/km	49:58	4:50 min/km	1:16:40	4:50 min/km	1:33:37	5:08 min/km	1:38:29	4:40 min/km	+28:25
69	50	PEDRO JOSE GARCIA CANOVAS	INDEPENDIENTR	24:24	4:41 min/km	39:15	4:29 min/km	51:44	4:48 min/km	1:18:25	4:48 min/km	1:34:20	4:49 min/km	1:38:42	4:40 min/km	+28:39
70	260	JESUS SANDONIS PASCUAL	INDEPENDIENTE	25:37	4:55 min/km	41:12	4:43 min/km	53:33	4:44 min/km	1:19:10	4:44 min/km	1:34:37	4:40 min/km	1:38:51	4:41 min/km	+28:47
71	148	JUAN MANJUEL IBAÑEZ MARTINEZ	INDEPENDIENTE	22:22	4:18 min/km	36:42	4:20 min/km	51:06	5:32 min/km	1:18:33	5:32 min/km	1:34:58	4:58 min/km	1:39:16	4:42 min/km	+29:12
72	14	RAMÓN LUCAS ROMÁN ESCOBAR	ARLÉTICO MELILLA - HTRAINER	25:45	4:57 min/km	42:16	5:00 min/km	54:46	4:48 min/km	1:20:32	4:48 min/km	1:35:32	4:32 min/km	1:39:21	4:42 min/km	+29:17
73	324	ANDRES HAMIDO	TRAIL RUNNING MELILLA	24:54	4:47 min/km	40:44	4:47 min/km	53:59	5:05 min/km	1:20:32	5:05 min/km	1:35:33	4:32 min/km	1:39:26	4:42 min/km	+29:23
74	109	CARLOS GOMEZ BUENO	RUSADIR RUNNING MELILLA	24:32	4:43 min/km	40:08	4:43 min/km	53:00	4:57 min/km	1:19:47	4:57 min/km	1:35:24	4:44 min/km	1:39:41	4:43 min/km	+29:37
75	65	CARLOS DEL PINO TORÉ	INDEPENDIENTE	26:03	5:00 min/km	41:44	4:45 min/km	54:29	4:54 min/km	1:20:52	4:54 min/km	1:35:34	4:27 min/km	1:39:42	4:43 min/km	+29:39
76	134	BRUNO SUAREZ TOURIÑO	INDEPENDIENTEMENTE	24:25	4:41 min/km	39:31	4:34 min/km	52:33	5:01 min/km	1:19:38	5:01 min/km	1:35:38	4:50 min/km	1:39:43	4:43 min/km	+29:39
77	169	IÑIGO LAURENZ ITOIZ	INDEPENDIENTE	25:08	4:50 min/km	40:43	4:43 min/km	53:29	4:54 min/km	1:20:26	4:54 min/km	1:35:43	4:37 min/km	1:39:48	4:43 min/km	+29:44
78	227	JAVIER LUQUE OLIVA	CLUB SIN LÍMITES	23:50	4:35 min/km	39:17	4:41 min/km	52:09	4:56 min/km	1:19:04	4:56 min/km	1:35:26	4:57 min/km	1:39:50	4:43 min/km	+29:47
79	307	FRANCISCO JAVIER PLATERO LAZARO	RUSADIR RUNNING MELILLA	24:32	4:43 min/km	40:08	4:43 min/km	53:00	4:57 min/km	1:19:49	4:57 min/km	1:35:45	4:49 min/km	1:40:06	4:44 min/km	+30:02
80	274	ANTONIO DE LA FUENTE GAGO	H-TRAINER	23:57	4:36 min/km	38:57	4:32 min/km	51:51	4:57 min/km	1:19:20	4:57 min/km	1:35:42	4:57 min/km	1:40:15	4:45 min/km	+30:12
81	291	MOHAMED MOHAMED ABDELKADER	OLYMPIC CENTER	21:48	4:11 min/km	37:11	4:39 min/km	50:30	5:07 min/km	1:19:10	5:07 min/km	1:36:28	5:14 min/km	1:40:38	4:46 min/km	+30:34
82	34	PEDRO DENEY REYES RUIZ	PERRUNERS	24:17	4:40 min/km	39:28	4:36 min/km	52:04	4:50 min/km	1:18:44	4:50 min/km	1:36:28	5:22 min/km	1:40:41	4:46 min/km	+30:37
83	17	ALFREDO MENGERT	INDEPENDIENTE	26:03	5:00 min/km	41:43	4:44 min/km	54:27	4:53 min/km	1:20:51	4:53 min/km	1:36:31	4:44 min/km	1:40:47	4:46 min/km	+30:44
84	360	ADRIAN GUILLOT PLAZA	ATLÉTICO MELILLA	25:13	4:51 min/km	40:57	4:45 min/km	54:07	5:03 min/km	1:20:53	5:03 min/km	1:36:37	4:46 min/km	1:40:54	4:47 min/km	+30:51

Fecha: 13/11/2016

Distancia: 21.095 ms

MEDIA MARATON
CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
85	340	CARLOS HIDALGO JIMÉNEZ	INDEPENDIENTE	25:13	4:51 min/km	40:58	4:46 min/km	54:07	5:03 min/km	1:20:52	5:03 min/km	1:36:36	4:45 min/km	1:40:55	4:47 min/km	+30:51
86	265	JUAN SALAS MORAN	DRINK TEAM MELILLA	24:15	4:39 min/km	39:52	4:44 min/km	53:30	5:14 min/km	1:20:12	5:14 min/km	1:36:36	4:58 min/km	1:41:02	4:47 min/km	+30:58
87	282	EMILIO FELICEZ GONZALEZ	INDEPENDIENTE	25:31	4:54 min/km	41:21	4:48 min/km	54:27	5:02 min/km	1:20:59	5:02 min/km	1:36:51	4:48 min/km	1:41:02	4:47 min/km	+30:58
88	313	DAVID PEREZ	INDEPENDIENTE	25:07	4:49 min/km	41:11	4:52 min/km	54:19	5:03 min/km	1:21:38	5:03 min/km	1:37:21	4:45 min/km	1:41:35	4:48 min/km	+31:32
89	151	CRISTIAN DIOS ORTAS	INDEPENDIENTE	26:07	5:01 min/km	41:50	4:45 min/km	55:05	5:05 min/km	1:22:21	5:05 min/km	1:37:54	4:42 min/km	1:41:45	4:49 min/km	+31:41
90	242	BENAISA TOUHAMI AMAR	TRAIL RUNNING MELILLA	25:35	4:55 min/km	41:35	4:50 min/km	55:16	5:15 min/km	1:22:50	5:15 min/km	1:38:04	4:36 min/km	1:41:45	4:49 min/km	+31:42
91	201	SERGIO ALDEGUER JOYA	TRAIL RUNNING MELILLA	24:54	4:47 min/km	40:44	4:48 min/km	54:00	5:06 min/km	1:20:57	5:06 min/km	1:37:25	4:59 min/km	1:41:59	4:50 min/km	+31:55
92	30	JUAN MIGUEL LOPEZ RUBI	CORREDORES AFRICANUS	26:26	5:05 min/km	42:25	4:50 min/km	55:29	5:01 min/km	1:22:51	5:01 min/km	1:38:05	4:36 min/km	1:42:01	4:50 min/km	+31:57
93	78	ANTONIO MARIN HOYOS	CICLOTUR MELILLA	24:51	4:46 min/km	40:51	4:50 min/km	54:40	5:19 min/km	1:22:06	5:19 min/km	1:37:53	4:46 min/km	1:42:04	4:50 min/km	+32:01
94	170	OSCAR POZO MARTINEZ	INDEPENDIENTE	25:04	4:49 min/km	40:43	4:44 min/km	53:55	5:04 min/km	1:20:46	5:04 min/km	1:37:29	5:04 min/km	1:42:07	4:50 min/km	+32:04
95	102	LEO GARCÍA CANELA	OLYMPIC CENTER	24:33	4:43 min/km	40:21	4:47 min/km	53:56	5:13 min/km	1:21:48	5:13 min/km	1:38:01	4:54 min/km	1:42:08	4:50 min/km	+32:04
96	98	ANISA HAMED	OLYMPIC CENTER	23:14	4:28 min/km	38:56	4:45 min/km	52:08	5:04 min/km	1:19:57	5:04 min/km	1:37:19	5:15 min/km	1:42:17	4:50 min/km	+32:13
97	357	JOSÉ FRANCISCO MÁRQUEZ DIAZ	INDEPENDIENTE	25:09	4:50 min/km	41:24	4:55 min/km	54:50	5:10 min/km	1:22:28	5:10 min/km	1:38:39	4:54 min/km	1:42:34	4:51 min/km	+32:30
98	60	JUAN MIGUEL BOLAÑO	SIMPATIZANTE DE MELILLA SIEMPRE ES	25:35	4:55 min/km	41:30	4:49 min/km	54:44	5:05 min/km	1:22:35	5:05 min/km	1:38:29	4:49 min/km	1:42:35	4:51 min/km	+32:32
99	111	JORGE ASCACIBAR PAREDES	INDEPENDIENTE	25:46	4:57 min/km	41:37	4:48 min/km	54:46	5:03 min/km	1:22:14	5:03 min/km	1:38:21	4:53 min/km	1:42:35	4:51 min/km	+32:32
100	251	FRANCISCO JAVIER GUILLEN SANCHEZ	INDEPENDIENTE	25:56	4:59 min/km	40:58	4:33 min/km	54:04	5:02 min/km	1:22:03	5:02 min/km	1:38:19	4:55 min/km	1:42:48	4:52 min/km	+32:44
101	24	JOSE MANUEL MORALES BARON	INDEPENDIENTE	24:19	4:40 min/km	39:51	4:42 min/km	53:24	5:12 min/km	1:21:41	5:12 min/km	1:38:34	5:06 min/km	1:42:55	4:52 min/km	+32:52
102	262	MOHAMED LAARBI MOHAMED	INDEPENDIENTE	26:24	5:04 min/km	41:23	4:32 min/km	54:04	4:52 min/km	1:21:53	4:52 min/km	1:38:40	5:05 min/km	1:42:57	4:52 min/km	+32:54
103	333	RAUL MELLADO BLAZQUEZ	TRAIL RUNNING MELILLA	24:54	4:47 min/km	40:44	4:47 min/km	54:00	5:06 min/km	1:21:41	5:06 min/km	1:38:27	5:05 min/km	1:43:01	4:53 min/km	+32:58
104	101	JUAN IGNACIO RODRIGUEZ SALCEDO	H-TRAINER SANTA RITA	25:21	4:52 min/km	41:40	4:56 min/km	55:23	5:16 min/km	1:23:40	5:16 min/km	1:39:06	4:40 min/km	1:43:01	4:53 min/km	+32:58
105	165	PEDRO GARCÍA ORTEGA	HUERTASALAMA	25:07	4:49 min/km	41:02	4:49 min/km	54:22	5:07 min/km	1:22:18	5:07 min/km	1:38:34	4:55 min/km	1:43:04	4:53 min/km	+33:00
106	273	NICOLÁS MONTESINOS BORDOMÁS	CLUB ATLETICO MELILLA-HTRAINER	25:09	4:50 min/km	41:02	4:48 min/km	54:26	5:09 min/km	1:22:33	5:09 min/km	1:38:51	4:56 min/km	1:43:10	4:53 min/km	+33:06
107	194	MOUNCEF FILALI BOUAMI	INDEPENDIENTE	25:28	4:53 min/km	41:27	4:50 min/km	54:52	5:09 min/km	1:22:29	5:09 min/km	1:38:43	4:55 min/km	1:43:13	4:53 min/km	+33:09
108	243	RAFAEL RICARDO RODRIGUEZ HERRER	REGULARES 52.....ME ATREVO.	26:40	5:07 min/km	42:18	4:44 min/km	54:53	4:50 min/km	1:22:32	4:50 min/km	1:38:55	4:57 min/km	1:43:16	4:53 min/km	+33:13
109	222	MOHAMED HADDÚ MOHAND	FEDERACION BALONMANO DE MEILLA.	22:27	4:19 min/km	37:29	4:33 min/km	50:50	5:08 min/km	1:20:15	5:08 min/km	1:38:22	5:29 min/km	1:43:24	4:54 min/km	+33:21
110	174	LUIS PEDRO GONZÁLEZ SALAS	INDEPENDIENTE	25:45	4:57 min/km	41:39	4:49 min/km	54:52	5:04 min/km	1:22:20	5:04 min/km	1:38:52	5:00 min/km	1:43:25	4:54 min/km	+33:22
111	53	ALE LIMÓN LIMÓN	TRAIL RUNNING MELILLA	26:19	5:03 min/km	41:33	4:37 min/km	55:02	5:11 min/km	1:22:24	5:11 min/km	1:39:04	5:03 min/km	1:43:31	4:54 min/km	+33:27
112	203	ENRIQUE GONZALEZ CUBILLO	INDEPENDIENTE	25:30	4:54 min/km	40:57	4:40 min/km	53:48	4:56 min/km	1:21:25	4:56 min/km	1:38:41	5:13 min/km	1:43:37	4:54 min/km	+33:34

Fecha: 13/11/2016

Distancia: 21.095 ms

MEDIA MARATON
CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
113	204	JESÚS JIMENA MANZANARES	TRAIL RUNNING MELILLA	25:35	4:55 min/km	41:39	4:52 min/km	55:17	5:14 min/km	1:22:59	5:14 min/km	1:39:18	4:56 min/km	1:43:39	4:54 min/km	+33:35
114	217	JAVIER RODRIGUEZ GARCIA	TRAIL RUNING MELILLA	25:35	4:55 min/km	41:39	4:52 min/km	55:36	5:21 min/km	1:23:00	5:21 min/km	1:39:18	4:56 min/km	1:43:40	4:54 min/km	+33:36
115	205	MIGUEL ZARCO GUERRA	TRAIL RUNNING MELILLA	25:37	4:55 min/km	41:39	4:51 min/km	55:17	5:14 min/km	1:23:01	5:14 min/km	1:39:19	4:56 min/km	1:43:44	4:55 min/km	+33:41
116	276	EMILIO PUENTE ROLDAN	TRAIL RUNNING MELILLA	25:37	4:55 min/km	41:38	4:51 min/km	55:19	5:15 min/km	1:23:01	5:15 min/km	1:39:40	5:02 min/km	1:44:02	4:55 min/km	+33:59
117	275	CARLOS COHEN LEVY	TRAIL RUNNING MELILLA	25:38	4:55 min/km	41:38	4:51 min/km	55:19	5:15 min/km	1:23:01	5:15 min/km	1:39:39	5:02 min/km	1:44:03	4:55 min/km	+34:00
118	187	FATIHA CHERGHAMI	MOVING MEKNES	23:42	4:33 min/km	39:21	4:44 min/km	52:47	5:10 min/km	1:21:48	5:10 min/km	1:39:28	5:21 min/km	1:44:05	4:56 min/km	+34:02
119	314	ADOLFO CUETO MARTÍN	DRINK TEAM MELILLA	24:15	4:39 min/km	39:52	4:43 min/km	53:39	5:18 min/km	1:21:25	5:18 min/km	1:39:28	5:28 min/km	1:44:11	4:56 min/km	+34:08
120	127	EDUARDO JOSE SANCHEZ FERRANDEZ	TRAIL RUNNING MELILLA	25:36	4:55 min/km	41:38	4:51 min/km	55:37	5:22 min/km	1:23:01	5:22 min/km	1:40:04	5:09 min/km	1:44:39	4:57 min/km	+34:35
121	162	FRANCISCO JOSE RAMOS JARILLO	INDEPENDIENTE	26:24	5:04 min/km	42:37	4:54 min/km	56:03	5:10 min/km	1:23:52	5:10 min/km	1:40:28	5:01 min/km	1:45:02	4:58 min/km	+34:58
122	118	ALEJANDRO LINARES CASAS	INDEPENDIENTE	26:03	5:00 min/km	41:44	4:45 min/km	54:54	5:04 min/km	1:22:52	5:04 min/km	1:40:01	5:11 min/km	1:45:03	4:58 min/km	+35:00
123	114	DAVID ROMERO GONZALEZ	HTRAINER	25:37	4:55 min/km	41:56	4:56 min/km	55:46	5:19 min/km	1:24:08	5:19 min/km	1:40:45	5:02 min/km	1:45:23	4:59 min/km	+35:19
124	110	FRANCISCO JAVIER SÁENZ MORA	RUNNERS TEAM	25:18	4:52 min/km	41:29	4:54 min/km	55:29	5:23 min/km	1:24:14	5:23 min/km	1:40:51	5:01 min/km	1:45:24	4:59 min/km	+35:21
125	257	ANGEL GONZALEZ MENA	ADC BOMBEROS MELILLA	25:36	4:55 min/km	41:39	4:51 min/km	55:22	5:16 min/km	1:24:17	5:16 min/km	1:40:47	4:59 min/km	1:45:27	4:59 min/km	+35:24
126	153	HOUCINE MOHAMED DAHMAN	INDEPENDIENTE	25:45	4:57 min/km	41:37	4:48 min/km	54:48	5:04 min/km	1:22:39	5:04 min/km	1:40:31	5:24 min/km	1:45:31	5:00 min/km	+35:27
127	337	JAVIER SILVA FORTES	RUNNERSTEAM	24:13	4:39 min/km	40:06	4:48 min/km	54:04	5:22 min/km	1:22:59	5:22 min/km	1:41:01	5:27 min/km	1:45:43	5:00 min/km	+35:40
128	258	VICTOR JIMENEZ ARANDA	RUNNERS TEAM	24:14	4:39 min/km	40:07	4:48 min/km	54:05	5:22 min/km	1:22:59	5:22 min/km	1:41:02	5:28 min/km	1:45:44	5:00 min/km	+35:40
129	131	OSVALDO ESTEVANEZ BOTELLO	ATREVINOS	25:33	4:54 min/km	41:29	4:49 min/km	55:28	5:22 min/km	1:24:18	5:22 min/km	1:41:21	5:10 min/km	1:45:56	5:01 min/km	+35:53
130	38	MARTA VIDAL BENITO	INDEPENDIENTE	25:34	4:55 min/km	41:30	4:49 min/km	55:29	5:22 min/km	1:24:19	5:22 min/km	1:41:22	5:10 min/km	1:45:57	5:01 min/km	+35:53
131	355	CARLOS PEÑA	ANTIUXIXONA	26:25	5:04 min/km	42:22	4:50 min/km	55:54	5:12 min/km	1:24:28	5:12 min/km	1:41:20	5:06 min/km	1:46:04	5:01 min/km	+36:01
132	244	RAFA LENGUAZCO GALLARDO	INDEPENDIENTE	25:21	4:52 min/km	41:04	4:45 min/km	54:26	5:08 min/km	1:22:59	5:08 min/km	1:41:07	5:29 min/km	1:46:15	5:02 min/km	+36:11
133	323	ALBERTO ATIENZA	ATLETICO MELILLA	25:09	4:50 min/km	41:02	4:48 min/km	54:26	5:09 min/km	1:23:16	5:09 min/km	1:41:29	5:31 min/km	1:46:18	5:02 min/km	+36:15
134	212	JAVIER LLANES ORTEGA	INDEPENDIENTE	28:38	5:30 min/km	44:40	4:51 min/km	58:05	5:09 min/km	1:26:11	5:09 min/km	1:42:18	4:52 min/km	1:46:19	5:02 min/km	+36:15
135	264	JOSE MANUEL GARCES MORENO	DRINK TEAM	24:57	4:48 min/km	41:21	4:58 min/km	54:49	5:10 min/km	1:23:33	5:10 min/km	1:41:25	5:24 min/km	1:46:25	5:02 min/km	+36:21
136	140	JUANJO ROJAS RUIZ	RUNNERS TEAM	26:48	5:09 min/km	43:40	5:06 min/km	57:27	5:18 min/km	1:25:44	5:18 min/km	1:42:07	4:57 min/km	1:46:35	5:03 min/km	+36:32
137	317	MIGUEL ANGEL ESTEVANEZ BOTELLO	HTRAINER	25:33	4:54 min/km	41:30	4:50 min/km	55:28	5:22 min/km	1:24:05	5:22 min/km	1:41:23	5:14 min/km	1:46:37	5:03 min/km	+36:33
138	83	JUAN MUÑOZ PALOMARES	C.D.E. TRIATLON SAN SEBASTIAN DE LOS	25:19	4:52 min/km	41:57	5:02 min/km	55:58	5:23 min/km	1:25:17	5:23 min/km	1:42:52	5:19 min/km	1:47:10	5:04 min/km	+37:06
139	320	FERNANDO ALBERTO FERNANDEZ FERRI	INDEPENDIENTE	25:39	4:56 min/km	41:12	4:42 min/km	55:03	5:19 min/km	1:24:27	5:19 min/km	1:42:47	5:33 min/km	1:47:16	5:05 min/km	+37:13
140	145	KLEBER ORLANDO CHACHA JAMI	INDEPENDIENTE	25:39	4:55 min/km	41:13	4:43 min/km	54:45	5:12 min/km	1:24:27	5:12 min/km	1:42:47	5:33 min/km	1:47:17	5:05 min/km	+37:13

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MEDIA MARATON
CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
141	147	HOSNI AHMED MOHAMED	INDEPENDIENTE	25:37	4:55 min/km	41:12	4:43 min/km	54:43	5:12 min/km	1:24:27	5:12 min/km	1:42:47	5:33 min/km	1:47:17	5:05 min/km	+37:14
142	294	YUSEF MOHAMED ABDELKADER	OLYMPIC CENTER	19:39	3:46 min/km	32:44	3:57 min/km	44:41	4:35 min/km	1:11:38	4:35 min/km	1:41:30	9:02 min/km	1:47:18	5:05 min/km	+37:14
143	315	GUILLERMO HERRERO RUIZ	INDEPENDIENTE	25:20	4:52 min/km	41:36	4:55 min/km	57:21	6:03 min/km	1:24:39	6:03 min/km	1:42:50	5:30 min/km	1:47:38	5:06 min/km	+37:35
144	77	JOSE ANTONIO GAMEZ ALONSO	CORREDORES AFRICANUS	26:55	5:10 min/km	43:32	5:02 min/km	57:24	5:19 min/km	1:25:58	5:19 min/km	1:43:11	5:13 min/km	1:47:46	5:06 min/km	+37:43
145	11	JORGE MATA	INDEPENDIENTE	24:56	4:47 min/km	41:20	4:58 min/km	55:17	5:21 min/km	1:25:26	5:21 min/km	1:43:13	5:23 min/km	1:47:56	5:07 min/km	+37:53
146	349	ANGEL MARIO CAPARROS ALARCON	INDEPENDIENTE	26:24	5:04 min/km	42:25	4:51 min/km	55:48	5:08 min/km	1:24:18	5:08 min/km	1:42:35	5:32 min/km	1:47:57	5:07 min/km	+37:54
147	322	JORGE AMORES	CLUB EGO RUN.IN	25:52	4:58 min/km	42:20	4:59 min/km	56:50	5:34 min/km	1:26:10	5:34 min/km	1:43:19	5:11 min/km	1:47:58	5:07 min/km	+37:54
148	278	ANA IBAÑEZ ACEBAL	INDEPENDIENTE	25:18	4:52 min/km	41:31	4:54 min/km	55:22	5:19 min/km	1:25:11	5:19 min/km	1:43:03	5:24 min/km	1:47:58	5:07 min/km	+37:54
149	164	IGNACIO GARCÍA VACAS	CUESTA ABAJO	27:29	5:17 min/km	44:50	5:15 min/km	58:54	5:24 min/km	1:27:41	5:24 min/km	1:44:11	4:59 min/km	1:48:13	5:07 min/km	+38:09
150	356	ALEJANDRO LOPEZ ALVAREZ	INDEPENDIENTE	24:53	4:47 min/km	40:43	4:47 min/km	54:22	5:14 min/km	1:23:58	5:14 min/km	1:43:05	5:47 min/km	1:48:18	5:08 min/km	+38:14
151	180	JUAN ANTONIO LOPEZ ALVAREZ	INDEPENDIENTE	24:52	4:47 min/km	40:43	4:48 min/km	54:22	5:15 min/km	1:23:58	5:15 min/km	1:43:06	5:47 min/km	1:48:24	5:08 min/km	+38:20
152	253	ÁNGEL MARTÍNEZ GARCÍA	BEER RUNNERS MELILLA	29:05	5:35 min/km	46:03	5:08 min/km	59:58	5:21 min/km	1:28:05	5:21 min/km	1:44:18	4:54 min/km	1:48:39	5:09 min/km	+38:35
153	332	MARTIN MORA MOHAMED	INDEPENDIENTE	25:36	4:55 min/km	42:11	5:01 min/km	56:31	5:30 min/km	1:26:08	5:30 min/km	1:43:53	5:22 min/km	1:48:39	5:09 min/km	+38:35
154	95	DANIEL DOBLADO CORTÉS	INDEPENDIENTE	28:21	5:27 min/km	46:08	5:23 min/km	1:00:39	5:35 min/km	1:29:48	5:35 min/km	1:45:06	4:37 min/km	1:48:58	5:09 min/km	+38:55
155	361	JOSE MARIA MORENO GUTIERREZ	INDEPENDIENTE	26:23	5:04 min/km	42:44	4:57 min/km	56:54	5:26 min/km	1:26:59	5:26 min/km	1:44:35	5:20 min/km	1:49:07	5:10 min/km	+39:04
156	245	JOSE NÁCHER PÉREZ	COLLA EL PAROTET	27:29	5:17 min/km	44:16	5:05 min/km	58:41	5:32 min/km	1:28:08	5:32 min/km	1:44:43	5:01 min/km	1:49:13	5:10 min/km	+39:09
157	237	JAVIER RODRIGUEZ PEREZ	CORREDORES AFRICANUS	26:26	5:05 min/km	42:48	4:57 min/km	56:48	5:23 min/km	1:26:13	5:23 min/km	1:44:38	5:35 min/km	1:49:38	5:11 min/km	+39:35
158	136	ANTONIO RODRÍGUEZ MARTÍNEZ	INDEPENDIENTE	25:23	4:53 min/km	41:37	4:55 min/km	55:34	5:21 min/km	1:25:46	5:21 min/km	1:45:12	5:53 min/km	1:49:53	5:12 min/km	+39:49
159	300	MIGUEL ANGEL DELGADO PÉREZ	C.D ATLETISMO SANTA FE	27:29	5:17 min/km	44:16	5:04 min/km	58:23	5:25 min/km	1:28:08	5:25 min/km	1:45:24	5:13 min/km	1:49:57	5:12 min/km	+39:53
160	119	IGNACIO REVERTE LÓPEZ	INDEPENDIENTE	26:23	5:04 min/km	42:41	4:56 min/km	56:45	5:24 min/km	1:26:11	5:24 min/km	1:45:08	5:44 min/km	1:49:57	5:12 min/km	+39:54
161	43	JOSE RUBIO SANCHEZ	PROBIKERS MELILLA	26:34	5:06 min/km	43:12	5:02 min/km	57:22	5:26 min/km	1:27:42	5:26 min/km	1:45:18	5:19 min/km	1:50:14	5:13 min/km	+40:10
162	35	CARLOS MOYA GARCÍA	PERRUNERS	26:34	5:06 min/km	43:28	5:07 min/km	57:57	5:34 min/km	1:27:42	5:34 min/km	1:45:15	5:19 min/km	1:50:17	5:13 min/km	+40:13
163	125	MARCELINO DIAZ PEÑA	CORREDORES AFRICANUS	26:13	5:02 min/km	42:41	4:59 min/km	56:37	5:21 min/km	1:27:15	5:21 min/km	1:45:24	5:30 min/km	1:50:24	5:14 min/km	+40:21
164	61	JOSE ANTONIO JIMENEZ FERNANDEZ	USBAD TENIENTE FLOMESTA	25:37	4:55 min/km	41:40	4:51 min/km	55:36	5:21 min/km	1:25:08	5:21 min/km	1:44:13	5:47 min/km	1:50:29	5:14 min/km	+40:25
165	137	AGUSTIN ROBLES COCA	HTRAINER-SANTA RITA	26:17	5:03 min/km	43:40	5:16 min/km	58:11	5:35 min/km	1:28:36	5:35 min/km	1:46:02	5:16 min/km	1:50:34	5:14 min/km	+40:31
166	116	RUBEN PRADO SERRANO	CLUB ATLETICO MELILLA	26:32	5:06 min/km	43:11	5:02 min/km	57:22	5:27 min/km	1:27:45	5:27 min/km	1:45:55	5:30 min/km	1:50:44	5:14 min/km	+40:41
167	191	ALEJANDRO MUÑOZ ESTRADA	INDEPENDIENTE	26:33	5:06 min/km	43:11	5:02 min/km	57:21	5:26 min/km	1:27:44	5:26 min/km	1:45:47	5:28 min/km	1:50:45	5:15 min/km	+40:41
168	248	ANTONIO RUIZ GONZÁLEZ	RUNNER'S TEAM	26:41	5:08 min/km	43:39	5:08 min/km	57:55	5:29 min/km	1:27:51	5:29 min/km	1:45:52	5:27 min/km	1:50:50	5:15 min/km	+40:46

Fecha: 13/11/2016

Distancia: 21.095 ms

MEDIA MARATON
CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
169	338	JUAN RÍOS VICENTE	RUNNER'S TEAM	26:42	5:08 min/km	43:38	5:07 min/km	57:55	5:29 min/km	1:27:51	5:29 min/km	1:45:53	5:27 min/km	1:50:50	5:15 min/km	+40:47
170	80	JORGE CUENCA PEREZ	JYJ INFORMATICA	27:09	5:13 min/km	45:01	5:24 min/km	1:00:10	5:49 min/km	1:29:32	5:49 min/km	1:46:33	5:09 min/km	1:50:52	5:15 min/km	+40:48
171	184	JOSÉ CARLOS GALINDO SÁNCHEZ	A.C.D. SANTA RITA	27:18	5:15 min/km	44:18	5:09 min/km	58:28	5:26 min/km	1:28:37	5:26 min/km	1:46:20	5:22 min/km	1:51:04	5:15 min/km	+41:00
172	129	PABLO ENRIQUE MENDOZA KOHN	IGLESIA RENACER MELILLA	25:41	4:56 min/km	41:48	4:52 min/km	57:48	6:09 min/km	1:28:34	6:09 min/km	1:46:21	5:23 min/km	1:51:14	5:16 min/km	+41:11
173	293	RICARDO RAMOS HERNÁNDEZ	REGULARES DE MELILLA...ME ATREVO	25:39	4:56 min/km	41:14	4:43 min/km	54:45	5:11 min/km	1:24:38	5:11 min/km	1:45:49	6:25 min/km	1:51:21	5:16 min/km	+41:18
174	21	JUAN MANUEL NAVARRO RUIZ	CORREDORES AFRICANUS	26:26	5:05 min/km	43:09	5:03 min/km	57:25	5:29 min/km	1:28:03	5:29 min/km	1:46:36	5:37 min/km	1:51:21	5:16 min/km	+41:18
175	331	MUSTAFA BOUCHIH ANAJJAR	GRM -52	25:38	4:55 min/km	41:12	4:43 min/km	55:05	5:20 min/km	1:24:47	5:20 min/km	1:45:49	6:22 min/km	1:51:22	5:16 min/km	+41:18
176	223	JUAN JOSÉ MARTÍN ALONSO	INDEPENDIENTE	27:00	5:11 min/km	44:00	5:09 min/km	58:23	5:31 min/km	1:28:39	5:31 min/km	1:46:34	5:25 min/km	1:51:24	5:16 min/km	+41:20
177	238	JOSE MANUEL BESADA AGUIN	INDEPENDIENTE	27:01	5:11 min/km	44:00	5:08 min/km	58:45	5:40 min/km	1:28:39	5:40 min/km	1:46:34	5:25 min/km	1:51:24	5:16 min/km	+41:20
178	213	JUAN PEDRO ROMERO BUENO	CLUB ATLÉTICO MELILLA	27:38	5:19 min/km	45:01	5:15 min/km	59:28	5:33 min/km	1:29:20	5:33 min/km	1:46:55	5:19 min/km	1:51:36	5:17 min/km	+41:32
179	316	IKRAM MOHAMED MOHAMED	INDEPENDIENTE	26:47	5:09 min/km	43:49	5:09 min/km	58:25	5:36 min/km	1:29:15	5:36 min/km	1:47:05	5:24 min/km	1:51:50	5:18 min/km	+41:46
180	26	MIGUEL BONILLA BUENO	ATLETISMO MACOTERA PERSIANAS RUA	27:09	5:13 min/km	43:41	5:00 min/km	58:08	5:33 min/km	1:28:58	5:33 min/km	1:46:57	5:26 min/km	1:52:01	5:18 min/km	+41:57
181	185	NORDIN ABDELKADER BEN MOHAMED	INDEPENDIENTE	24:14	4:39 min/km	40:04	4:47 min/km	53:43	5:15 min/km	1:23:57	5:15 min/km	1:47:18	7:04 min/km	1:52:02	5:18 min/km	+41:58
182	67	JESUS IMBRODA SEMPERE	BOMBALURINA RUNNER TEAM	26:56	5:10 min/km	44:07	5:12 min/km	59:24	5:52 min/km	1:29:20	5:52 min/km	1:47:18	5:26 min/km	1:52:06	5:18 min/km	+42:02
183	108	FERNANDO SÁNCHEZ CASTILLO	INDEPENDIENTE	30:19	5:49 min/km	47:03	5:04 min/km	1:00:31	5:10 min/km	1:29:59	5:10 min/km	1:47:33	5:19 min/km	1:52:17	5:19 min/km	+42:14
184	39	FERNANDO HIDALGO BERUTICH	CORREDORES AFRICANUS	27:08	5:13 min/km	44:35	5:17 min/km	59:07	5:35 min/km	1:29:36	5:35 min/km	1:47:41	5:28 min/km	1:52:24	5:19 min/km	+42:21
185	226	FRANCISCO GUILLERMO GARCÍA JIMÉN	ASOCIACIÓN DEPORTIVA DE BOMBEROS	28:10	5:25 min/km	45:35	5:16 min/km	59:49	5:28 min/km	1:30:03	5:28 min/km	1:47:42	5:21 min/km	1:52:44	5:20 min/km	+42:41
186	228	ANGEL PADILLA HINOJOSA	PADI YIEHHHHHHHH	27:28	5:17 min/km	44:15	5:05 min/km	58:23	5:25 min/km	1:28:09	5:25 min/km	1:47:42	5:55 min/km	1:52:48	5:20 min/km	+42:44
187	75	MIGUEL ÁNGEL RODRÍGUEZ CIENDONE	MELILLA POR BANDERA	28:06	5:24 min/km	45:00	5:07 min/km	59:03	5:24 min/km	1:29:44	5:24 min/km	1:47:46	5:27 min/km	1:52:49	5:20 min/km	+42:45
188	232	OSCAR MOYA GAITAN	INDEPENDIENTE	28:50	5:32 min/km	46:50	5:27 min/km	1:01:41	5:42 min/km	1:31:09	5:42 min/km	1:48:09	5:08 min/km	1:52:51	5:21 min/km	+42:48
189	182	JOSE ANTONIO BENITEZ LUQUE	RUSADIR RUNNING	28:50	5:32 min/km	46:51	5:27 min/km	1:01:20	5:34 min/km	1:31:09	5:34 min/km	1:48:10	5:09 min/km	1:52:52	5:21 min/km	+42:48
190	298	SEBA MIRALLES LINARES	HUGUCIO	29:04	5:35 min/km	47:24	5:33 min/km	1:02:27	5:47 min/km	1:32:27	5:47 min/km	1:48:51	4:58 min/km	1:52:55	5:21 min/km	+42:51
191	105	RICARDO RODRIGUEZ COMENDEZ	INDEPENDIENTE	28:19	5:26 min/km	46:12	5:25 min/km	1:00:53	5:38 min/km	1:31:11	5:38 min/km	1:48:36	5:16 min/km	1:52:59	5:21 min/km	+42:55
192	346	MOHAMED BUSIAN MOHAMED	INDEPENDIENTE	27:30	5:17 min/km	43:40	4:53 min/km	57:30	5:19 min/km	1:27:29	5:19 min/km	1:47:15	5:59 min/km	1:53:02	5:21 min/km	+42:58
193	15	ANTONIO JESÚS ESTRADA ZAYAS	INDEPENDIENTE	30:56	5:57 min/km	50:56	6:03 min/km	1:10:26	7:30 min/km	1:29:41	7:30 min/km	1:47:35	5:25 min/km	1:53:03	5:21 min/km	+42:59
194	117	JUAN GINÉS LÓPEZ CRESPILO	INDEPENDIENTE	27:08	5:13 min/km	45:00	5:24 min/km	59:48	5:41 min/km	1:30:17	5:41 min/km	1:48:29	5:31 min/km	1:53:16	5:22 min/km	+43:12
195	318	MIGUEL BRAVO	HTRAINER	27:21	5:15 min/km	45:03	5:21 min/km	59:50	5:41 min/km	1:30:33	5:41 min/km	1:48:31	5:26 min/km	1:53:17	5:22 min/km	+43:13
196	16	ALEJANDRO GARCIA VIGUERAS	INDEPENDIENTE	30:55	5:56 min/km	50:55	6:03 min/km	1:10:26	7:30 min/km	1:31:30	7:30 min/km	1:48:50	5:15 min/km	1:53:26	5:22 min/km	+43:23

Fecha: 13/11/2016

Distancia: 21.095 ms

MEDIA MARATON
CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
197	301	ANGEL GUILLÉN SÁNCHEZ	INDEPENDIENTE	29:34	5:41 min/km	47:45	5:30 min/km	1:02:03	5:30 min/km	1:31:31	5:30 min/km	1:49:08	5:20 min/km	1:53:46	5:23 min/km	+43:42
198	96	RAFAEL DE LINARES AÑÓN	INDEPENDIENTE	29:20	5:38 min/km	46:46	5:17 min/km	1:00:47	5:23 min/km	1:31:09	5:23 min/km	1:49:04	5:25 min/km	1:53:49	5:23 min/km	+43:45
199	289	MAILI KAPP	CLUB ATLÉTICO MELILLA	29:24	5:39 min/km	47:56	5:37 min/km	1:02:58	5:46 min/km	1:31:58	5:46 min/km	1:49:07	5:11 min/km	1:53:51	5:23 min/km	+43:47
200	288	RODOLFO RAMOS ALVAREZ	CLUB ATLÉTICO MELILLA	29:24	5:39 min/km	47:57	5:37 min/km	1:02:58	5:46 min/km	1:31:59	5:46 min/km	1:49:08	5:11 min/km	1:53:52	5:23 min/km	+43:48
201	304	SAMIRA MIZZIAN MOHAMED	RUNNIG TEAM	29:34	5:41 min/km	47:34	5:27 min/km	1:02:14	5:38 min/km	1:32:08	5:38 min/km	1:49:23	5:13 min/km	1:53:59	5:24 min/km	+43:55
202	94	SADIA LASRY MURCIANO	INDEPENDIENTE	27:44	5:20 min/km	44:36	5:06 min/km	59:41	5:47 min/km	1:30:50	5:47 min/km	1:49:21	5:36 min/km	1:54:05	5:24 min/km	+44:01
203	269	JOSE ANTONIO CHICA ROBLES	INDEPENDIENTE	26:27	5:05 min/km	43:23	5:07 min/km	57:56	5:35 min/km	1:29:28	5:35 min/km	1:48:55	5:53 min/km	1:54:11	5:24 min/km	+44:07
204	336	MIGUEL ANGEL URRESTARAZU PLATER	INDEPENDIENTE	23:59	4:36 min/km	40:26	4:59 min/km	55:12	5:40 min/km	1:28:12	5:40 min/km	1:48:55	6:16 min/km	1:54:15	5:24 min/km	+44:11
205	353	DIEGO GUNDIN FERNANDEZ	INDEPENDIENTE	25:48	4:57 min/km	42:51	5:10 min/km	57:38	5:41 min/km	1:29:39	5:41 min/km	1:49:16	5:56 min/km	1:54:23	5:25 min/km	+44:20
206	27	JAVIER ANDRADE VALLE	RUSADIRRUNNING MELILLA	29:05	5:35 min/km	46:03	5:08 min/km	59:58	5:21 min/km	1:30:00	5:21 min/km	1:49:31	5:54 min/km	1:54:27	5:25 min/km	+44:23
207	90	ANTONIO SOLER CARRALERO	RUNNER TEAM	28:05	5:24 min/km	45:06	5:09 min/km	59:39	5:35 min/km	1:30:32	5:35 min/km	1:49:45	5:49 min/km	1:54:40	5:26 min/km	+44:36
208	342	JUAN JESÚS OLIVARES AMAYA	INDEPENDIENTE	28:11	5:25 min/km	46:44	5:37 min/km	1:01:53	5:49 min/km	1:32:54	5:49 min/km	1:50:26	5:18 min/km	1:54:40	5:26 min/km	+44:36
209	87	ADRIAN MIRAS MONTOYA	INDEPENDIENTE	27:32	5:17 min/km	45:13	5:21 min/km	59:35	5:31 min/km	1:30:50	5:31 min/km	1:49:35	5:40 min/km	1:54:53	5:26 min/km	+44:50
210	350	RAFAEL BERRUEZO BUENDÍA	CACAHUETE TRAIL	29:05	5:35 min/km	47:25	5:33 min/km	1:02:27	5:47 min/km	1:32:44	5:47 min/km	1:50:20	5:20 min/km	1:54:58	5:27 min/km	+44:55
211	197	JOSÉ ÁNGEL LÁZARO DELGADO	INDEPENDIENTE	29:30	5:40 min/km	47:25	5:25 min/km	1:01:22	5:21 min/km	1:30:39	5:21 min/km	1:49:43	5:46 min/km	1:55:02	5:27 min/km	+44:58
212	91	FATNA BELFILALIA	CORREDORES AFRICANUS	29:06	5:35 min/km	47:07	5:27 min/km	1:02:23	5:52 min/km	1:32:57	5:52 min/km	1:50:32	5:19 min/km	1:55:14	5:27 min/km	+45:11
213	299	CARLOS JAVIER GARCIA GOMEZ	MELILLA SIEMPRE ESPAÑOLA	29:05	5:35 min/km	47:06	5:27 min/km	1:02:01	5:44 min/km	1:32:55	5:44 min/km	1:50:31	5:20 min/km	1:55:15	5:27 min/km	+45:11
214	106	ANDRES STEVEN ANGULO	IGLESIA EVANGÉLICA RENACER	25:02	4:49 min/km	41:15	4:54 min/km	55:50	5:36 min/km	1:30:02	5:36 min/km	1:50:17	6:08 min/km	1:55:16	5:27 min/km	+45:13
215	54	SANTIAGO JOSE CRUZ LOPEZ	INDEPENDIENTE	25:02	4:48 min/km	41:15	4:54 min/km	56:11	5:44 min/km	1:30:02	5:44 min/km	1:50:17	6:08 min/km	1:55:17	5:27 min/km	+45:14
216	120	BRAHIN ABDESELAM MOHAMD	INDEPENDIENTE	26:44	5:08 min/km	44:29	5:22 min/km	1:00:11	6:02 min/km	1:31:42	6:02 min/km	1:50:26	5:40 min/km	1:55:35	5:28 min/km	+45:31
217	186	DRISS HATOCHI	MOVING MEKNES	25:50	4:58 min/km	43:39	5:23 min/km	1:00:37	6:31 min/km	1:31:41	6:31 min/km	1:50:25	5:40 min/km	1:55:35	5:28 min/km	+45:32
218	352	FRANCISCO JAVIER REYES GONZALEZ	INDEPENDIENTE	28:36	5:30 min/km	46:15	5:20 min/km	1:00:41	5:33 min/km	1:31:23	5:33 min/km	1:50:33	5:48 min/km	1:55:41	5:29 min/km	+45:38
219	92	JERÓNIMO PÉREZ HERNÁNDEZ	REAL CLUB MARITIMO MELILLA	26:39	5:07 min/km	43:45	5:11 min/km	58:35	5:42 min/km	1:31:12	5:42 min/km	1:50:41	5:54 min/km	1:56:10	5:30 min/km	+46:06
220	305	JUAN JOSÉ BURGOS GARCÍA	INDEPENDIENTE	29:04	5:35 min/km	47:24	5:33 min/km	1:02:26	5:46 min/km	1:33:09	5:46 min/km	1:51:42	5:37 min/km	1:56:33	5:31 min/km	+46:30
221	47	PABLO SOLESIO	INDEPENDIENTE	25:57	4:59 min/km	43:33	5:19 min/km	58:40	5:48 min/km	1:31:00	5:48 min/km	1:51:06	6:05 min/km	1:56:34	5:31 min/km	+46:30
222	22	LETICIA GÓNGORA BUEZO	INDEPENDIENTE	28:19	5:26 min/km	46:12	5:25 min/km	1:00:53	5:38 min/km	1:31:11	5:38 min/km	1:51:31	6:09 min/km	1:56:35	5:31 min/km	+46:32
223	81	FRANCISCO MANUEL CASTILLO JIMENE	INDEPENDIENTE	26:40	5:07 min/km	43:46	5:10 min/km	58:34	5:41 min/km	1:30:32	5:41 min/km	1:50:58	6:11 min/km	1:56:40	5:31 min/km	+46:36
224	183	RODRIGO GARCIA PINILLA	INDEPENDIENTE	27:04	5:12 min/km	43:52	5:05 min/km	58:09	5:29 min/km	1:28:36	5:29 min/km	1:51:15	6:51 min/km	1:56:55	5:32 min/km	+46:51

Fecha: 13/11/2016

Distancia: 21.095 ms

MEDIA MARATON
CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
225	177	ALVARO NEVADO SIENES	INDEPENDIENTE	27:04	5:12 min/km	43:53	5:05 min/km	58:09	5:29 min/km	1:28:37	5:29 min/km	1:51:15	6:51 min/km	1:56:56	5:32 min/km	+46:52
226	362	JOSÉ MARÍA DÍAZ JIMENEZ	CORREDORES AFRICANUS	28:09	5:24 min/km	46:19	5:30 min/km	1:01:28	5:49 min/km	1:33:08	5:49 min/km	1:51:51	5:40 min/km	1:56:58	5:32 min/km	+46:54
227	141	ROCIO PEREZ SANTANDER	INDEPENDIENTE	28:20	5:26 min/km	46:07	5:23 min/km	1:00:38	5:35 min/km	1:31:51	5:35 min/km	1:52:08	6:08 min/km	1:57:06	5:33 min/km	+47:02
228	168	ANTONIO ALVAREZ FRÍAS	INDEPENDIENTE	30:09	5:47 min/km	48:23	5:31 min/km	1:03:04	5:39 min/km	1:34:03	5:39 min/km	1:52:17	5:31 min/km	1:57:07	5:33 min/km	+47:03
229	112	ALEJANDRO NAVARRETE AHMED	CORREDORES AFRICANUS	29:22	5:38 min/km	45:55	5:01 min/km	1:01:11	5:52 min/km	1:32:51	5:52 min/km	1:52:13	5:52 min/km	1:57:22	5:33 min/km	+47:18
230	252	SERGIO GRANDE ROMÁN	RG EVENTOS	29:20	5:38 min/km	47:46	5:35 min/km	1:03:14	5:57 min/km	1:34:35	5:57 min/km	1:52:40	5:28 min/km	1:57:29	5:34 min/km	+47:25
231	211	MANUEL MARIN SALINAS	HTRAINER	29:20	5:38 min/km	47:46	5:35 min/km	1:03:15	5:57 min/km	1:34:35	5:57 min/km	1:52:41	5:28 min/km	1:57:30	5:34 min/km	+47:26
232	189	PEDRO IGUIÑO	INDEPENDIENTE	29:20	5:38 min/km	47:43	5:34 min/km	1:03:14	5:57 min/km	1:34:35	5:57 min/km	1:52:40	5:28 min/km	1:57:30	5:34 min/km	+47:26
233	72	LUIS LÓPEZ OÑA	INDEPENDIENTE	28:52	5:33 min/km	46:50	5:26 min/km	1:01:24	5:36 min/km	1:32:52	5:36 min/km	1:52:24	5:54 min/km	1:57:42	5:34 min/km	+47:38
234	31	ADOLFO SANCHEZ-RANDO BUENO	CORREDORES AFRICANUS	28:20	5:26 min/km	46:14	5:25 min/km	1:01:16	5:46 min/km	1:33:16	5:46 min/km	1:53:16	6:03 min/km	1:58:14	5:36 min/km	+48:11
235	12	JUAN PEDRO RAMIREZ PEREZ	QUEEN 4X4	27:58	5:22 min/km	45:58	5:27 min/km	1:00:58	5:46 min/km	1:33:10	5:46 min/km	1:53:27	6:08 min/km	1:58:43	5:37 min/km	+48:39
236	259	FRANCISCO JAVIER DUEÑAS GÁMEZ	HTRAINER - SANTA RITA	28:47	5:32 min/km	46:57	5:30 min/km	1:02:18	5:54 min/km	1:34:21	5:54 min/km	1:53:42	5:51 min/km	1:59:06	5:38 min/km	+49:03
237	55	FRANCISCO JAVIER AVELLANEDA GARC	INDEPENDIENTE	28:08	5:24 min/km	46:17	5:29 min/km	1:01:32	5:51 min/km	1:34:29	5:51 min/km	1:54:07	5:57 min/km	1:59:28	5:39 min/km	+49:24
238	287	DAVID PEREZ CARDENAS	INDEPENDIENTE	28:48	5:32 min/km	46:46	5:26 min/km	1:02:08	5:53 min/km	1:34:29	5:53 min/km	1:54:06	5:56 min/km	1:59:30	5:39 min/km	+49:26
239	326	LUIS FILIBERTO CASELLES DOMENECH	RING-8	28:46	5:32 min/km	47:05	5:33 min/km	1:02:27	5:54 min/km	1:34:50	5:54 min/km	1:54:16	5:53 min/km	1:59:33	5:40 min/km	+49:29
240	240	ELISEO ZURDO ALONSO	INDEPENDIENTE	28:46	5:32 min/km	47:06	5:33 min/km	1:02:27	5:54 min/km	1:34:51	5:54 min/km	1:54:17	5:53 min/km	1:59:35	5:40 min/km	+49:31
241	126	ARMANDO MOYA GRANDAL	INDEPENDIENTE	31:11	5:59 min/km	49:42	5:36 min/km	1:05:26	6:00 min/km	1:36:21	6:00 min/km	1:54:50	5:36 min/km	1:59:40	5:40 min/km	+49:37
242	311	MOHAMED ABARKAN ZARIOH	GRUPO DE REGULARES 'ME ATREVO'	25:39	4:55 min/km	41:15	4:43 min/km	55:25	5:26 min/km	1:30:59	5:26 min/km	1:54:29	7:07 min/km	2:00:04	5:41 min/km	+50:00
243	146	NABIL TAHAR HAMED	INDEPENDIENTE	22:44	4:22 min/km	38:37	4:48 min/km	53:51	5:51 min/km	1:29:57	5:51 min/km	1:54:04	7:18 min/km	2:00:04	5:41 min/km	+50:01
244	71	JAVIER LÓPEZ HERMOSILLA	CORREMOS CONTIGO	30:00	5:46 min/km	48:49	5:42 min/km	1:04:50	6:09 min/km	1:37:07	6:09 min/km	1:56:07	5:45 min/km	2:01:08	5:44 min/km	+51:05
245	254	FRANCISCO M MARTINEZ SANCHEZ	MELILLA SIEMPRE ESPAÑOLA	30:00	5:46 min/km	48:52	5:42 min/km	1:04:51	6:08 min/km	1:37:08	6:08 min/km	1:56:08	5:45 min/km	2:01:11	5:44 min/km	+51:07
246	76	MANUEL ALBERTO PÉREZ SANCHEZ	MELILLITAS QUILADORES	32:32	6:15 min/km	52:41	6:06 min/km	1:07:38	5:45 min/km	1:38:35	5:45 min/km	1:56:45	5:30 min/km	2:01:42	5:46 min/km	+51:38
247	271	SABAH AKOUDAD SAFOUT	NINGUNO	27:19	5:15 min/km	45:16	5:26 min/km	1:00:47	5:58 min/km	1:35:15	5:58 min/km	1:56:15	6:21 min/km	2:01:50	5:46 min/km	+51:46
248	241	ALI BOULAATOUR	RUNNER'S TEAM	30:08	5:47 min/km	48:57	5:42 min/km	1:04:48	6:05 min/km	1:37:14	6:05 min/km	1:57:05	6:00 min/km	2:02:24	5:48 min/km	+52:20
249	359	RICARDO SOUSA MARIA	INDEPENDIENTE	28:21	5:27 min/km	46:15	5:25 min/km	1:01:38	5:53 min/km	1:34:49	5:53 min/km	1:57:25	6:50 min/km	2:02:41	5:48 min/km	+52:37
250	167	VÍCTOR BENAYAS BAILO	INDEPENDIENTE	30:07	5:47 min/km	49:26	5:51 min/km	1:05:38	6:13 min/km	1:39:08	6:13 min/km	1:58:28	5:51 min/km	2:03:26	5:51 min/km	+53:22
251	13	JENNY AVILA MOSQUERA	INDEPENDIENTE	26:57	5:11 min/km	45:26	5:35 min/km	1:02:28	6:31 min/km	1:37:27	6:31 min/km	1:58:22	6:20 min/km	2:03:26	5:51 min/km	+53:23
252	319	MAR ALBALADEJO FERNANDEZ	INDEPENDIENTE	28:19	5:26 min/km	46:38	5:33 min/km	1:02:00	5:54 min/km	1:36:34	5:54 min/km	1:57:57	6:28 min/km	2:03:32	5:51 min/km	+53:29

Fecha: 13/11/2016

Distancia: 21.095 ms

MEDIA MARATON
CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
253	19	DAVID LAGO PORRUA	INDEPENDIENTE	30:58	5:57 min/km	51:09	6:06 min/km	1:07:30	6:17 min/km	1:40:06	6:17 min/km	1:59:15	5:48 min/km	2:04:05	5:52 min/km	+54:02
254	41	ENRIQUE RODRIGUEZ VARO	INDEPENDIENTE	32:03	6:09 min/km	52:02	6:03 min/km	1:07:55	6:06 min/km	1:39:31	6:06 min/km	1:59:16	5:58 min/km	2:04:42	5:54 min/km	+54:39
255	309	CLEMENTE PORTILLO HARO	INDEPENDIENTE	29:16	5:37 min/km	48:17	5:45 min/km	1:04:44	6:19 min/km	1:37:28	6:19 min/km	1:58:24	6:20 min/km	2:04:52	5:55 min/km	+54:49
256	188	ALEJANDRO GUERRERO MOYANO	INDEPENDIENTE	27:08	5:13 min/km	43:59	5:06 min/km	58:20	5:31 min/km	1:31:13	5:31 min/km	1:58:53	8:23 min/km	2:04:53	5:55 min/km	+54:49
257	85	MANUEL GARCIA GARNICA	INDEPENDIENTE	30:09	5:48 min/km	49:21	5:49 min/km	1:05:37	6:15 min/km	1:39:07	6:15 min/km	1:59:29	6:10 min/km	2:04:55	5:55 min/km	+54:52
258	210	FRANCISCA ESTEVANEZ BOTELLO	HTRAINER	29:19	5:38 min/km	48:32	5:49 min/km	1:05:20	6:27 min/km	1:39:45	6:27 min/km	1:59:07	5:52 min/km	2:04:57	5:55 min/km	+54:53
259	84	CRISTINA ESTEVANEZ GONZALEZ	HTRAINER	29:19	5:38 min/km	48:32	5:49 min/km	1:05:20	6:28 min/km	1:39:45	6:28 min/km	1:59:06	5:52 min/km	2:04:57	5:55 min/km	+54:54
260	37	RUBEN HERMIDA RISPA	CORREDORES AFRICANUS	27:00	5:11 min/km	44:54	5:25 min/km	1:00:51	6:08 min/km	1:35:42	6:08 min/km	1:57:32	6:37 min/km	2:05:03	5:55 min/km	+55:00
261	93	MOISES LASRY MURCIANO	INDEPENDIENTE	27:45	5:20 min/km	44:37	5:06 min/km	59:42	5:48 min/km	1:34:13	5:48 min/km	1:59:19	7:36 min/km	2:05:20	5:56 min/km	+55:17
262	283	MARTA ORTEGA CARBONELL	INDEPENDIENTE	28:35	5:29 min/km	46:56	5:33 min/km	1:03:56	6:32 min/km	1:38:22	6:32 min/km	2:00:01	6:33 min/km	2:05:40	5:57 min/km	+55:36
263	200	JAVIER CAMACHO MOLINA	REGULARES DE MELILLA...ME ATREVO	28:34	5:29 min/km	46:54	5:33 min/km	1:03:56	6:32 min/km	1:38:20	6:32 min/km	1:59:59	6:33 min/km	2:05:40	5:57 min/km	+55:37
264	321	RACHID MRIK EL FOUNTI	INDEPENDIENTE	28:35	5:29 min/km	46:55	5:33 min/km	1:03:32	6:23 min/km	1:38:23	6:23 min/km	2:00:00	6:33 min/km	2:05:41	5:57 min/km	+55:37
265	261	ANTONIO LLUCH ARJONA	"REGULARES DE MELILLA...ME ATREVO"	28:35	5:29 min/km	46:56	5:33 min/km	1:03:31	6:22 min/km	1:38:22	6:22 min/km	2:00:00	6:33 min/km	2:05:41	5:57 min/km	+55:38
266	310	ALBERTO GUTIERREZ GUTIÉRREZ	REGULARES DE MELILLA, ME ATREVO.	29:21	5:38 min/km	46:56	5:19 min/km	1:03:32	6:22 min/km	1:38:23	6:22 min/km	2:00:02	6:33 min/km	2:05:41	5:57 min/km	+55:38
267	62	JUAN JOSE SANCHEZ JIMENEZ	INDEPENDIENTE	29:35	5:41 min/km	49:06	5:54 min/km	1:05:31	6:18 min/km	1:40:42	6:18 min/km	2:00:56	6:08 min/km	2:06:32	5:59 min/km	+56:28
268	175	MIGUEL SORIANO PADILLO	HTRAINER	29:01	5:34 min/km	48:04	5:46 min/km	1:04:37	6:21 min/km	1:38:49	6:21 min/km	2:01:27	6:51 min/km	2:06:35	6:00 min/km	+56:31
269	190	ABK ZBIDA GONZÁLEZ	INDEPENDIENTE	27:57	5:22 min/km	45:50	5:25 min/km	1:00:54	5:47 min/km	1:36:33	5:47 min/km	2:00:02	7:06 min/km	2:06:35	6:00 min/km	+56:31
270	178	SANTIAGO NEVADO REY	INDEPENDIENTE	29:54	5:44 min/km	49:38	5:59 min/km	1:06:16	6:25 min/km	1:41:33	6:25 min/km	2:01:49	6:08 min/km	2:07:00	6:01 min/km	+56:56
271	138	TOÑI VICENTE AGUILAR	HTRAINER-SANTA RITA	29:19	5:38 min/km	48:25	5:47 min/km	1:04:46	6:18 min/km	1:39:52	6:18 min/km	2:01:30	6:33 min/km	2:07:05	6:01 min/km	+57:01
272	166	JULIAN AMADOR SAURA DELGADO	INDEPENDIENTE	30:08	5:47 min/km	48:39	5:36 min/km	1:04:36	6:09 min/km	1:39:35	6:09 min/km	2:01:53	6:45 min/km	2:07:13	6:01 min/km	+57:09
273	52	FERNANDO ESCOBAR TRAVIESO	INDEPENDIENTE	28:33	5:29 min/km	47:26	5:43 min/km	1:04:01	6:22 min/km	1:40:07	6:22 min/km	2:02:29	6:46 min/km	2:08:34	6:05 min/km	+58:31
274	74	ROSARIO ALAMO GARCIA	HTRAINER	28:05	5:24 min/km	48:03	6:03 min/km	1:04:42	6:24 min/km	1:40:31	6:24 min/km	2:03:04	6:49 min/km	2:09:06	6:07 min/km	+59:02
275	115	FRANCISCO GUILLERMO GARCIA RAMIF	CLUB ATLETICO MELILLA	26:32	5:06 min/km	43:11	5:02 min/km	57:22	5:27 min/km	1:33:27	5:27 min/km	2:01:28	8:29 min/km	2:09:21	6:07 min/km	+59:17
276	179	ANGEL JESUS GONZALEZ GARCIA	PEPI MODAS 1987	31:04	5:58 min/km	51:12	6:05 min/km	1:08:04	6:29 min/km	1:43:05	6:29 min/km	2:03:58	6:19 min/km	2:09:29	6:08 min/km	+59:25
277	296	JOSÉ ANTONIO SÁNCHEZ PACHÓN	PACHON	31:03	5:58 min/km	51:13	6:06 min/km	1:08:06	6:28 min/km	1:43:05	6:28 min/km	2:03:57	6:19 min/km	2:09:32	6:08 min/km	+59:28
278	348	TOÑI DIMAS RUIZ	CLUB TRAIL RUNNING MELILLA	29:06	5:35 min/km	48:32	5:53 min/km	1:05:24	6:29 min/km	1:42:06	6:29 min/km	2:06:03	7:15 min/km	2:12:27	6:16 min/km	+1:02:23
279	351	HÉCTOR CRUCES GALIANO	TRAIL RUNNING MELILLA	29:07	5:35 min/km	48:33	5:53 min/km	1:05:24	6:29 min/km	1:42:08	6:29 min/km	2:06:03	7:15 min/km	2:12:28	6:16 min/km	+1:02:24
280	99	JOSE MANUEL FERNANDEZ DIAZ	CORREDORES AFRICANUS	28:18	5:26 min/km	46:12	5:25 min/km	1:01:37	5:55 min/km	1:32:53	5:55 min/km	1:50:27	5:19 min/km	2:12:47	6:17 min/km	+1:02:43

Fecha: 13/11/2016

Distancia: 21.095 ms

MEDIA MARATON
CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		CONTROL 5		TIEMPO		
				5.200	RITMO	8.500	RITMO	11.100	RITMO	16.600	RITMO	19.900	RITMO	OFICIAL	RITMO	DIF.
281	156	CARMEN GONZÁLEZ ATENCIA	H-TRAINER	28:03	5:23 min/km	48:03	6:03 min/km	1:04:43	6:24 min/km	1:43:14	6:24 min/km	2:07:24	7:19 min/km	2:13:29	6:19 min/km	+1:03:25
282	44	MARIO BAUDET ARANDA	INDEPENDIENTE	31:04	5:58 min/km	50:47	5:58 min/km	1:07:38	6:28 min/km	1:45:12	6:28 min/km	2:07:39	6:48 min/km	2:13:44	6:20 min/km	+1:03:41
283	46	ARGENIS RODRIGUEZ	INDEPENDIENTE	31:07	5:59 min/km	50:50	5:58 min/km	1:07:41	6:28 min/km	1:45:14	6:28 min/km	2:07:42	6:48 min/km	2:13:46	6:20 min/km	+1:03:42
284	45	AMADA CAÑADA	INDEPENDIENTE	31:06	5:59 min/km	50:50	5:58 min/km	1:07:41	6:28 min/km	1:45:16	6:28 min/km	2:07:43	6:48 min/km	2:13:46	6:20 min/km	+1:03:42
285	235	JUAN GARCÍA FELICES	INDEPENDIENTE	30:42	5:54 min/km	51:08	6:11 min/km	1:08:14	6:34 min/km	1:44:37	6:34 min/km	2:08:17	7:10 min/km	2:14:15	6:21 min/km	+1:04:11
286	104	EVA MARIA SANTANA JIMENEZ	H-TRAINER	30:02	5:46 min/km	50:28	6:11 min/km	1:08:06	6:46 min/km	1:45:46	6:46 min/km	2:09:10	7:05 min/km	2:15:40	6:25 min/km	+1:05:36
287	79	ALVARO CORDON NIETO	INDEPENDIENTE	30:57	5:57 min/km	50:24	5:53 min/km	1:06:59	6:22 min/km	1:44:55	6:22 min/km	2:09:10	7:20 min/km	2:15:40	6:25 min/km	+1:05:36
288	176	DIEGO LOPEZ SANCHEZ	DELEGACION DE DEFENSA DE MELILLA	29:33	5:41 min/km	48:34	5:45 min/km	1:05:13	6:24 min/km	1:42:18	6:24 min/km	2:08:58	8:04 min/km	2:15:44	6:26 min/km	+1:05:41
289	10	JORGE CAÑA ROCA	INDEPENDIENTE	29:32	5:40 min/km	48:29	5:44 min/km	1:05:28	6:31 min/km	1:44:17	6:31 min/km	2:09:26	7:37 min/km	2:15:56	6:26 min/km	+1:05:52
290	329	JOSÉ MANUEL JIMÉNEZ LÓPEZ	INDEPENDIENTE	28:38	5:30 min/km	46:56	5:32 min/km	1:03:44	6:27 min/km	1:43:52	6:27 min/km	2:10:17	8:00 min/km	2:17:24	6:30 min/km	+1:07:20
291	208	JOSÉ VICENTE PARDO SERRANO	INDEPENDIENTE	31:22	6:02 min/km	52:09	6:17 min/km	1:09:51	6:48 min/km	1:48:30	6:48 min/km	2:11:19	6:54 min/km	2:17:48	6:31 min/km	+1:07:45
292	239	HAMED MOHAMED MOHAMED	BEER RUNNERS MELILLA	32:00	6:09 min/km	52:50	6:18 min/km	1:10:06	6:38 min/km	1:48:57	6:38 min/km	2:11:47	6:55 min/km	2:17:50	6:32 min/km	+1:07:46
293	268	PEDRO PABLO MUÑOZ VAZQUEZ	BEER RUNNERS MELILLA	32:00	6:09 min/km	52:50	6:18 min/km	1:10:06	6:38 min/km	1:48:56	6:38 min/km	2:11:49	6:56 min/km	2:17:50	6:32 min/km	+1:07:46
294	277	MIGUEL ÁNGEL LÓPEZ GONZÁLEZ	ARTILLERYMAN	31:41	6:05 min/km	50:43	5:46 min/km	1:07:44	6:32 min/km	1:47:13	6:32 min/km	2:12:20	7:36 min/km	2:18:45	6:34 min/km	+1:08:41
295	139	PEDRO MIRATS VELEZ	MELILLA SIEMPRE ESPAÑOLA	30:15	5:49 min/km	51:06	6:18 min/km	1:09:37	7:07 min/km	1:51:40	7:07 min/km	2:13:31	6:37 min/km	2:19:16	6:36 min/km	+1:09:12
296	51	MARIA FRANCISCA GARCÍA GONZÁLEZ	INDEPENDIENTE	32:24	6:13 min/km	53:41	6:26 min/km	1:11:38	6:54 min/km	1:51:47	6:54 min/km	2:14:45	6:57 min/km	2:20:13	6:38 min/km	+1:10:09
297	325	PEDRO LUIS ESPINA MEDIANO	INDEPENDIENTE	28:38	5:30 min/km	46:55	5:32 min/km	1:04:03	6:35 min/km	1:49:11	6:35 min/km	2:13:32	7:22 min/km	2:20:25	6:39 min/km	+1:10:21
298	23	CARLOS JIMÉNEZ GARBÍN	INDEPENDIENTE	26:50	5:09 min/km	46:14	5:52 min/km	1:03:56	6:46 min/km	1:47:33	6:46 min/km	2:14:34	8:11 min/km	2:21:17	6:41 min/km	+1:11:14
299	57	GEMA REQUENA ROMAN	INDEPENDIENTE	32:24	6:13 min/km	53:42	6:27 min/km	1:11:43	6:56 min/km	1:51:48	6:56 min/km	2:16:15	7:24 min/km	2:22:49	6:46 min/km	+1:12:46
300	86	LAURA ZAPATA LOPEZ	INDEPENDIENTE	30:32	5:52 min/km	51:58	6:29 min/km	1:11:13	7:24 min/km	1:52:24	7:24 min/km	2:16:49	7:23 min/km	2:23:23	6:47 min/km	+1:13:19
301	209	ANA BELEN RODRIGUEZ VALDERRAMA	INDEPENDIENTE	29:59	5:46 min/km	50:16	6:08 min/km	1:08:01	6:49 min/km	1:48:08	6:49 min/km	2:17:40	8:56 min/km	2:25:40	6:54 min/km	+1:15:36
302	192	JUAN JOSE SOLER CARRALERO	INDEPENDIENTE	32:19	6:12 min/km	55:06	6:54 min/km	1:14:01	7:16 min/km	1:56:51	7:16 min/km	2:22:47	7:51 min/km	2:29:18	7:04 min/km	+1:19:14
303	20	SERGIO MEIS ASENSI	INDEPENDIENTE	33:13	6:23 min/km	57:33	7:22 min/km	1:17:17	7:35 min/km	1:57:55	7:35 min/km	2:23:24	7:43 min/km	2:29:49	7:06 min/km	+1:19:45